



Newsletter

Edition 6— 1st May 2019

Message from the Principal

Welcome back to Term Two

It has been wonderful to see all of the students returning to school after the holiday break and hearing all about their family adventures. This term is action packed! Our Year 3/4 students are off to camp. Year 5/6 students are also heading to camp. We have Interschool Sport, District Cross Country, Numeracy Week and lots of learning experiences in the classrooms.

Annual Report

Every year schools prepare an Annual Report to inform parents and the wider school community of school's successes, achievements and activities throughout the year.

Our 2018 Annual Report is available for viewing on our website at www.hastingsps.vic.edu.au. The school is using the results to guide future improvement initiatives and to celebrate our successes.

ANZAC Day

Last Thursday the 25th April, our student leadership group participated in the Hastings ANZAC parade.

Emily and Marcus laid a wreath during the memorial as a show of our



respect to the service men and women who have dedicated their lives to defending our country.



The Ode

They shall grow not old, as we that are left grow old;
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.

Enrolment process / school tours

This week our 2020 school tours are continuing. We will be opening the school to prospective new parents and inviting them to a school tour. If you know of interested prep parents for 2020 please encourage them to ring the office to book a tour.

School Tours dates and times

Wednesday 8th May

Wednesday 29th May

9:30 am – 10:45 am or 11:45 am – 1:00 pm

Important Transition dates and time

Wednesday 14th August

Thursday 18th September

Wednesday 16th October

Wednesday 13th November

9:30 am – 10:30 am

2020 Enrolment Information Evening

Tuesday 15th October

6:00 pm – 7:00 pm

We are inviting new parents to walk around our school, see our classrooms, meet our teachers and see the fabulous work being completed by our students.

For parents with siblings starting in 2020 we encourage you to enrol your children early in the term to give us an early indication of our enrolments for the New Year. Enrolment forms are available from the office NOW.

School Review

Every four years schools evaluate their strategic plan through a review process. The strategic plan is the guiding document for improvements over a

four year period which is complimented each year with an Annual Implementation Plan.

Hastings Primary is in the final year of our current Strategic Plan and we will be undergoing our review this term. This is an exciting time for our school as we work together to determine the direction of our school for the next four year.

Participate in the Review - We WANT to hear from YOU! – Parent Forum

We have an opportunity for ten [10] parents/ carers to participate in an open conversation with our Reviewer. Join us over a coffee/tea and let us know about your experiences at Hastings Primary. This forum will be on Wednesday 12th June.

Limited spaces – so contact the office to book your spot.

Tu Toa, Kia Kaha – Stand Strong, Have Strength

Regards,

Simone McDonald



Student Welfare

Child Safety Standards

Victoria's child safe standards are part of a mandatory regulatory scheme that supports organisations to promote the safety of children and young people by requiring them to implement policies and procedures to prevent, respond to and report allegations of child abuse.

The child safe standards are made under the *Child Wellbeing and Safety Act 2005* (Vic) (the Act).

The standards support child safety by changing the way in which organisations and their staff, volunteers and members work so that protecting

children is always considered, taken seriously and acted upon.

What are the standards?

The child safe standards require schools to consider all aspects of child safety and put measures in place to protect children from all forms of abuse, including:

- ◆ sexual or grooming offences
- ◆ physical violence
- ◆ serious emotional or psychological harm
- ◆ serious neglect

There are seven child safe standards.

1. Strategies to embed an organisational culture of child safety.
2. A child safety policy or statement of commitment to child safety.
3. A child safety code of conduct.
4. School staff selection, supervision and management practice for a child-safe environment.
5. Procedures for responding to and reporting allegations of suspected child abuse.
6. Strategies to identify and reduce or remove risks of child abuse.
7. Strategies to promote child empowerment and participation

Our Commitment to Child Safety

Hastings Primary School is committed to the safety and wellbeing of all children and young people. This will be the primary focus of our care and decision-making.

Hastings Primary School has zero tolerance for child abuse.

Hastings Primary School is committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives.

At Hastings Primary School we take child safety very seriously.

Hastings Primary School will;

1. Take a preventative, proactive and participatory approach to child safety;
2. Value and empower children to participate in decisions which affect their lives;

3. Foster a culture of openness that supports all persons to safely disclose risks of harm to children
4. Respect diversity in cultures and child rearing practices while keeping child safety paramount;
5. Provide written guidance on appropriate conduct and behaviour towards children;
6. Engage only the most suitable people to work with children and have high quality staff and volunteer supervision and professional development;
7. Ensure children know who to talk with if they are worried or are feeling unsafe, and that they are comfortable and encouraged to raise such issues;
8. Report suspected abuse, neglect or mistreatment promptly to the appropriate authorities;
9. Share information appropriately and lawfully with other organisations where the safety and wellbeing of children is at risk; and
10. Value the input of and communicate regularly with families and carers.

On Our Website

As a school we have reviewed our child safe policy and code of conduct in line with the State Government legislation. In the coming weeks these will be uploaded to our website. Please refer to these documents for more information. All schools must meet legal requirements for the care, safety and welfare of students.

Principal Award



Congratulations

Sara Savage & Jennifer Du

For taking the time to assist the younger students playing at recess times.

What wonderful role models OF 'fair play' for the students at HPS.

Staff Member of the Week

Congratulations Mr. Hewitt

You are helpful and caring. You help us with our work a lot and you are nice to everyone in the class.

Recognised by Gracie

Congratulations Mr. Mini [Minehan]

Mr. Mini, you are a funny teacher. You always make us laugh. Thank you for being a great teacher at Hastings Primary School.

Recognised by Jainaya



Student of the week

Class	Week Ending	Friday 19th April 2019
4/5J	Dylan Molloy	<p><i>What a brilliant week Dylan. You made a superb contribution to our city excursion and asked meaningful questions at The Shrine of Remembrance.</i></p> <p><i>A great attitude and an inquiring mind. Well Done!</i></p>
5/6C	Ella Felstead	<p>For your efforts this week dated: 5th April, 2019</p> <p>Ella you have stepped into your leadership role with confidence and have maintained a sense of humour and a positive attitude, even when things haven't gone to plan!</p> <p>Keep up the great work!</p>

Student of the week

Class	Week Ending	Friday 26th April 2019
PA	Dusti-Ray Jacobson	You are helpful, considerate and caring for both your peers and the teachers at Hastings Primary School. It is lovely to see you being a wonderful friend to all of your classmates. Keep it up Dusti-Ray.
PT	Axle Wells	For making great decisions in the classroom, asking important questions and being a leader to his peers. Wonderful job Axle, you should be proud!
3K	Amelia Jackson	Amelia, you are a loyal and supportive friend who treats everyone equally. You embody the ANZAC tradition of "mateship" Thank you Amelia on behalf of 3K!
4/5J	Patrick Large	Patrick you are a loyal and supportive friend who treats everyone equally. You embody the ANZAC tradition of "mateship" Thank you
5/6C	Ella Felstead	Ella you have displayed courage by taking risks with your entertaining leader presentations at assembly. You have also maintained a positive attitude despite not always feeling your best. Great job Ella!



From the Assistant Principal's Desk

Hello! My name is Rebecca Klimeck and I am the Acting Assistant Principal this term while Jo Munn is on extended leave.

I want to thank the students and parents I've met over the past week for the warm welcome I have received. As some of you may know I am a past teacher at Hastings PS and I'm really excited to be back. The current Grade 6's were Preps the last year I taught here! Please come and say hi and introduce yourself if you see me around.

Next week I will be conducting the Student Attitudes to School Survey with the Grade 4-6 students. This survey is a great way for students to have a voice about student engagement, wellbeing and instruction. Our school will use the results of this survey to plan programs and activities to improve your child's schooling experience.

Mindfulness and cyber safety will be a big focus in our classrooms during Term 2 at H.P.S.

In every newsletter I will attach a mindfulness activity and a cyber safety fact sheet.

Mindfulness practice is an extremely important part of our children's lives. It has been found to:

- ◆ alleviate the effects of bullying
- ◆ enhance focus
- ◆ reduce attention problems
- ◆ improve mental health and wellbeing
- ◆ improve social skills and

- ◆ reduce anxiety.

Cyber safety is also an extremely important area we need to focus on with our students as technology is moving at such a fast pace. We will be teaching and discussing with our students how to:

- ◆ think before you post
- ◆ stay safe online
- ◆ keep information private
- ◆ report something inappropriate
- ◆ have a healthy balance between online and offline activities

If you have any concerns about your child's online behavior, or questions, please contact myself or your child's classroom teacher.

Rebecca Klimeck

A MOMENT OF GRATITUDE

1. Sit or stand straight and still. Close your eyes or look downward.
2. Take three deep breaths in and out.
3. Think of something you feel grateful for today. This is your 'gratitude moment'.
4. Think about how this moment affects your life, or the lives of people around you.
5. Notice how you feel when you think about your 'gratitude moment'.
6. Let the feeling grow bigger, spreading from where it is until it fills your entire body.

Suggested Gratitude Prompts

Something that someone else did for you today

A person in your life whom you appreciate

An activity or hobby you are grateful to be able to do

A positive quality of someone who can sometimes be hard to get along with

A skill or ability you have

A part of your body you are grateful for and why

An item that you love

Something that made you laugh

What you have learned from something that was hard.



Screen time for your child – 7 tips

There is a lot of conflicting advice and emerging research around screen time. But, the right amount of screen time can depend on a range of factors like your child's age and maturity, the kind of content they are consuming, their learning needs and your family routine. It can be easy to focus only on the clock and how long your child is spending in front of the screen, but the quality and nature of what they are doing online, and your involvement are just as important.

Consider your child's screen use in the context of their overall health and wellbeing – for example, is online time getting in the way of their sleep and exercise? Is it impacting on their face-to-face connections with family and friends? The answers to these questions will guide you and help strike the right balance of online and offline activities for your child.



1. Be involved

Sharing screen time and online activities like gaming with your child helps you gauge the appropriateness of what they are doing and manage potential risks. It's also a great way to start conversations with your child about their online experiences.



2. Work with your child to set boundaries for screen use

If you decide that setting screen time limits is right for you and your child, discuss these new rules with your child. Older children are more likely to cooperate if they have been part of the decision-making process. Colourful pictures or charts of daily limits and other important activities is a fun way to get younger children on board.



3. Be clear about the consequences of not switching off

Part of our role as parents is to set clear limitations and boundaries. The same applies to technology limitations so, being clear and consistent about the consequences for your child if they do not stick to these rules is paramount. The [Raising Children Network](#) provides some useful tools and advice.

4. Set device-free zones and times at home

Device-free zones can help you manage your family's digital use. Here are some ideas for setting digital boundaries within your home:

- no devices in the bedroom for younger children
- all screens off in bedrooms after a certain time for older children
- all screens off at least one hour before planned bedtime
- all family members switch off at dinner time
- charge devices overnight in a place your child cannot access

5. Ask your child to explain their screen use

Get your child in the habit of explaining why they want to be in front of a screen or online. It's a great way to get them thinking about their own digital habits and balancing screen time with other activities.

6. Use tech tools to help manage access

There are robust products and device functions which allow you to see which apps are being used in your home and for how long. But try not to use these tools to secretly monitor your child. Instead, be open about the process and check the whole family's usage, including your own. Start with [Google Family Link](#) for Android devices or [parental controls](#) and [Screen Time](#) for iPhone/iPad.

7. Lead by example

Your behaviour is one of the most effective ways to help your child develop a positive digital mindset. Show your child you can put down your device too.



 eSafety Commissioner

esafety.gov.au/parents



Office Reminders

For any further information please contact the office and speak to Barb or Cate

Earn & Learn

Hastings Primary School is excited to be registered for Earn and Learn this year.



Earn and Learn commences today and will run between 1st May—25th June for you to collect as many stickers as you can.

A collection box is located at the office.

The stickers will be used to purchase equipment for the school.

Lets see how many we can collect this year.

Grantville Camp Permission Forms

Due to Grantville camp having to be rescheduled this year students have been provided with updated permission forms and medical forms.

Please ensure that permission and medical forms are filled out and returned to the office by Monday 20th May.

Mothers Day Stall

Our annual Mothers Day Stall will be held on Friday 10th May. This year we have a collection of items ranging from \$1-8 dollars.

The stall will be located at Kids Matter Central and be open between 9am — 11:30 (recess time).



ISSUE 3
TERM 2
2019

Book Club

PULL OUT POSTER
Hang me up in your classroom!

Reading Gives You Superpowers!

POWER-UP WITH THESE
ISSUE 3 BOOKS!

ORDERS DUE IN BY
FRIDAY 10th MAY

DAV PILKEY'S
READING GIVES
YOU SUPERPOWERS KIT!
scholastic.com.au/readingeventkit

SCHOLASTIC

SCHOLASTIC Book Club

Three **Easy** Ways To Pay

1 CREDIT CARD Your School is in the LOOP! When you order and pay by LOOP, do not fill in the order form or return anything to school. Your order will be electronically linked to the rest of your school's order. Visit scholastic.com.au/LOOP
OR download the app:



2 CASH If your school accepts cash payments, please enclose cash with completed order form and return to school.

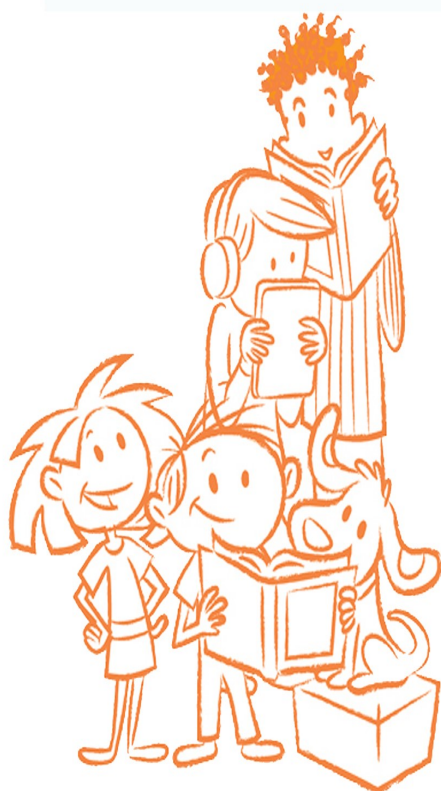
3 CHEQUE OR CREDIT VOUCHER If paying by cheque, please make cheques payable to Scholastic Australia. Attach cheque or voucher to completed order form and return to school.

Thanks for buying
books from

 **SCHOLASTIC**

Book Club

they help build our
classroom resources



Book Club LOOP

The **EASIEST** way for parents to order and pay for Book Club!



Parents: Are you registered for **LOOP**?

LOOP is the easiest way for you to order and pay online for your child's Book Club order, if you wish to pay by credit card.

Parents who are registered for **LOOP** receive exclusive sneak peeks, downloads and offers throughout the school year—don't miss out!



Head to scholastic.com.au/LOOP
and register today!

 **SCHOLASTIC**

Our school benefits too! Every **Book Club** order earns **Scholastic Rewards**, which help us purchase additional learning and literacy resources.

Term 2 Important Dates

Thursday 9th May	District Cross Country
Monday 20th-Wednesday 22nd May	Kingfisher Camp– Forest Edge
Monday 27th– Wednesday 29th May	Angling Camp– Grantville
Monday 3rd June	Curriculum Day– No School
Wednesday 5th June	Sth District Cross Country
Monday 10th June	Queens Birthday– Public Holiday No School
Thursday 13th June	Winter Lightening Premierships
Friday 21st June	School Photos

NAPLAN TESTING

Tuesday 14th May - Thursday 16th May

Balnarring– Somers Mothers Day Classic
Coolart Wetlands and Homestead
Saturday 12th May 2019

District Sports

Round One: 16th May

Round Two 23rd May

Round Three: 30th May

Round Four: 6th June

SUPPORT LIFE-SAVING BREAST CANCER RESEARCH

Your participation in the Mother's Day Classic is giving hope to the 50 women diagnosed with breast cancer in Australia every day. Our goal is to raise \$2.1 million in 2019 so that we can continue to fund vital research projects. We can't do it without you.

PARTICIPATE

Walk, run, fundraise, donate or volunteer - there are so many ways to get involved.

BALNARRING-SOMERS MOTHER'S DAY CLASSIC

8am -Registration opens (closes at 9am)
9am - Minute silence and official welcome
9:15am - Warm up
9:30am - 4km and 8km runs starts
9:30am - 4km walk starts
10:30am Raffle drawn

Register today: www.mothersdayclassic.com.au

Happy Birthday

