



# Newsletter

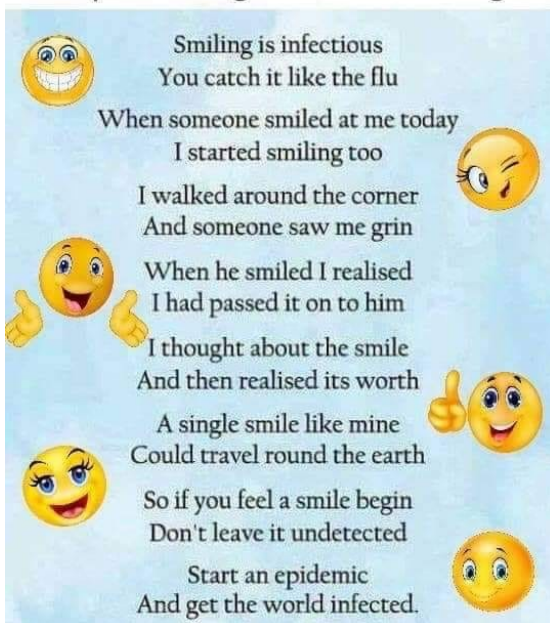
## Edition 8— 29th May 2019

### Message from the Principal

I always enjoy the smiles I see on the faces of our students, teachers and families, when I'm out and about in the school yard and visiting the classrooms. Every time I see a smile, it makes me smile! I thought you might enjoy this wonderful poem about smiling.



### What a great poem by the late Spike Milligan about smiling



### Education Week

Hastings Primary School had a massive Education Week which was a huge success.

We started the week with the annual Let's Get Together Celebration on Thursday with the local primary schools and Early Learning Centres from around Hastings attending our school to partake in a variety of activities.

The afternoon was a great success and we would like to thank everyone involved who made the afternoon a huge success.

See the page later in the newsletter with pictures from the day.

Friday we held our Open Morning where parents and carers were able to visit the school and attend the classrooms to see what the students have been getting up to during the 2019 school year.

This was followed by our Biggest Morning Tea where we were able to raise \$253.80 which will go directly to cancer research. Thank you to everyone who had a guess with our banana jar, assisted with providing platters and attended the morning tea.



### Curriculum Day and Public Holiday June

We would like to remind everyone that there are two dates this term to mark in your diary where students are **not** required at school.



Hastings Primary School will be having a curriculum day on **Monday 3rd June.**

Queens Birthday Public Holiday will be on **Monday 10th June.**

### Student Led Conferences—Next Term

These will be held on Tuesday July 23rd. Booking information will come home shortly.

## Enrolments for 2020

Following successful tours this term we have started to receive enrolments for 2020. Thank you to everyone who has submitted their enrolments so far as this provides us an early indication of our enrolments for the New Year.

Our last scheduled school tour date and time is for today **Wednesday 29th May** between 9:30am-10:45am or 11:45am- 1:00pm.

If you know of interested prep parents for 2020 please encourage them to ring the office to book a tour. Enrolment forms are available from the office NOW

## Participate in the School Review - We WANT to hear from YOU! – Parent Forum

Don't forget we have an opportunity for ten [10] parents/carers to participate in an open conversation with our Reviewer. Join us over a coffee/tea and let us know about your experiences at Hastings Primary. This forum will be on Wednesday 12<sup>th</sup> June.

*Limited spaces – so contact the office to book your spot.*

*Tu Toa, Kia Kaha – Stand Strong, Have Strength*  
Regards, Simone McDonald



## Principal Awards

### **Mrs Sarah Gourley**

*For being our staff member of the week.  
Ms Walsh you have been teaching 12D lots of amazing strategies for writing, maths and buddy reading. You are a really helpful teacher .*



### **Summer Mathews**

*Best Manners Award  
For always demonstrating your best manners when you come up to the office.  
Thank you for being an amazing role model at Hastings PS.*







# Let's Get Together

Hastings' Early Years Community Event:  
For all families with young children  
*This event has been brought to you by:*  
Linking Schools and Early Years @ Hastings





# Class of the Week

## 3K's reflections of Forest Edge Camp

Forest Edge was beautiful. It had trees, it had bush and the food was fantastic. I loved it!

*Mason*

We had a bushwalk on a mountain. We went up to the top and then we ran down the mountain and stopped. *Mikey*

The activities I did were really good and when I say really good I mean really good. My favourite

activity was the flying fox but I also liked trampolines, bushwalk and air hockey. *Willow*

I loved the flying fox it was 290m long. I loved it because I thought that the teachers wouldn't go on it, but they did! *Jaylah*

Oh, I can't forget the food. It was so amazing. My favourite food was probably the wraps, yes definitely mmmmm. *Amelia*

Overall, it was the best school camp I have been too! *Chloe*









# Student of the week

Class	Week Ending	Friday 17th May 2019
PT	Jack Randle	Way to go Jack! It has been wonderful to see you showing persistence with your reading. You demonstrated to me that you have been practising your skills and can now do them successfully by yourself. Keep it up!
PT	Abby Lynch	The Amazing Abby! It has been a delight to see your smiling face at school every day this week! You have readily participated in all of our lessons, giving everything your best try. Keep it up!
PA	Ava Ford	It was fantastic to see you persist this week during our outdoor games challenges. You worked hard to learn new skills, and did not give up! Go Ava!
1/2B	Mitchell Kingdon	Mitchell you have taken us to another dimension with your clear understanding of 3D shapes this week. Way to go Mitchell!
3/4H	Jenni Van De Bunt	You always come into the classroom with a happy smile and positive attitude, your stories are always interesting and I appreciate the contributions that you make.
4/5J	Jayke Wilson	Jayke you have shown a great deal of positivity and resilience this week and your contribution to the soccer team has been outstanding. Keep up the great attitude. We are so proud of you.

## Level One Award

We would like to also congratulate Amelia Jackson who was awarded a Level One on Friday 17<sup>th</sup> May.





Class	Week Ending	Friday 24th May 2019
PA	Zoey Baker	You demonstrated fabulous persistence during the Karate display this week. I loved the big smile you had when you were joining in. Keep smiling Zoey!
PT	Blake Gray	Way to go Blake! You showed outstanding persistence this week when completing our gross motor tasks. Keep it up!
1/2B	Hailey Prescott	Hailey, you have really hit the target in your efforts during our writing. You are making leaps and bounds with your risk taking on interesting words. Way to go Hailey!!
3K	Jaylah Baker	Jaylah thank you for the outstanding job you are doing as our SRC. You have organised 3K for the Biggest Morning Tea beautifully and we can't thank you enough. Well done!
3/4H	Genesis Kaitara	You were a very happy camper who made the most of every opportunity made available to you at Forest Edge 2019. Great effort!
4/5J	Holly Burke	Holly, you have had an inspiring week, showing initiative, persistence and independence. Well done on your positive attitude and punctuality. Keep up the great effort.
5/6C	Charlotte Hodder	Charlotte it has been great to have you at school every day. You have been showing persistence and team work in class and with the hospitality team. Great job!



## From the Assistant Principal's Desk

It has been another fantastic, but busy fortnight at HPS!

Starting from next Tuesday 4<sup>th</sup> June  
(Monday = Curriculum Day)

### ***Brekky club is changing!***

Brekky club will now be held in the Good Living Kitchen from **8:30-8:45** every

Monday – Thursday. Watch out for special 'pop up' brekky's on a Friday!

Brekky club wouldn't be possible without the help of our fantastic ES and volunteers! Thank you so much to Lynne, Mez, Stacey, Susie, Pops, Therese, Christine, Karin and Rob!

Breakfast is the most important meal of the day so make sure you come along.

Here is our **menu** for the rest of the term:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pop's porridge	Cheerio Tuesday's	Weetbix Wednesdays (served with fruit and honey)	Toasty Thursdays	Special 'pop up' brekkys – <i>to be announced</i>
Toast	Toast		Toast	
Baked beans	Baked beans	Porridge	Cheerios	
Weetbix		Baked beans		

Here is this fortnight's mindfulness activity:

Have you been trying these activities at home?

We would love your feedback on these activities!

I have also attached an article about smartphones and children.

If you have any questions or concerns, please make a time to come and see me.

Rebecca Klimeck  
(Acting Assistant Principal)

## BELLY BUDDIES

Materials: small lightweight object such as a soft toy, a small beanbag or a wooden block

1. Lie flat on your back and place the object on top of your belly button. Look down towards your object.
2. Take three slow, deep breaths in and out.
3. In your mind, count '1, 2, 3' for each breath in and '1, 2, 3' for each breath out. Pause slightly at the end of each exhale.
4. Continue for 3 to 5 minutes or until the teacher says, "Stop".

### Guiding Questions

- Can you feel the weight of your object on your belly?
- Can you see your object moving?
- What is moving your object? Is it the air filling your lungs?
- Can you feel the air moving in through your nose?
- Can you feel the air moving out through your nose?
- Can you hear your breath?



teachstarter



## Your child's first smartphone – are they old enough?

Children often have access to devices, including smartphones, from a very young age. Whether it's watching their favourite program through streaming services on your phone, using educational apps or simply viewing photos with you and the family, they are engaging with devices in one form or another.

### But when is my child old enough to be given their own mobile phone?

In 2012, the Australian Bureau of Statistics revealed children as young as five years old owned a mobile phone – two percent of children aged between five and eight years old, and 29 percent for children aged five to 14 years. This figure is likely to be higher now!

For many parents and carers, five years old would seem too young. For others, it might offer them peace of mind and security to know they can keep in touch with their child—especially in an emergency.

The right age for your child will depend on their level of maturity. It's worth asking yourself the following questions before handing over a digital device.

- Does my child have a good sense of responsibility?
- Are they able to stick to the rules?
- Do they show a good understanding of actions and consequences?
- Do they come to me or another trusted adult when they are distressed or encounter problems?



For younger children it's best to start with a mobile phone without internet access, and introduce a smartphone when they demonstrate an appropriate level of maturity. Some younger children might argue that they are ready for a smartphone, especially if their friends already have one. But it's worth holding out until you feel confident that your child is mature enough.

### My child has their first smartphone – now what?

When your child receives their first smartphone it's a great opportunity to instil safe online behaviours early on, so they can carry these skills through to their teens and beyond.

Here are some tips for getting them on board with good online habits.

#### Establish rules at the outset with clear boundaries

Talk about expectations and the consequences for not meeting these rules. Depending on the age of your child, you might want to set up a written signed agreement which lists the rules.

Here are some you may want to agree on:

- No phones after a certain time (i.e. 8.00 pm) – unless in an emergency.
- Keep to daily screen time limits (i.e. 1 hour per school night).
- Family time is a no-phone zone (i.e. dinner).

# Office Reminders

For any further information please contact the office and speak to Barb or Cate

## School Photos

School Photo's will be taking place on **Friday 21st June**.

Order forms will be distributed this Thursday 30th May to all students.

Please note each student will be provided with a personalised envelope with their unique identification number. It is really important that this envelope is not misplaced.

Students will need to ensure that they have their envelopes and money on the day.

Please note no change will be given on the day, therefore it is vital that parents hand in the envelopes with the correct money enclosed.

Rather than hand out a family order form to every family we ask that parents wishing to order a family photo collect the envelope from the front office.

Orders can now be placed online, each envelope is personalised with the students name and unique ordering code.

## School Uniform

Beanie's are now available for purchase from the office. Beanie's will cost \$6.00 each.

We would also like to remind everyone that second hand uniform is available for purchase on Fridays at our KidsMatter Market held between 3-3:15pm out the front of the office. This can be a great option for anyone needing an extra piece of uniform for winter.

Dresses	\$15.00
Logo Jumpers	\$5
Logo Jackets	\$5
Logo Polo	\$5
Non Logo Jumpers	\$2
Non Logo Polo	\$2
Skivvy	\$1
Shorts	\$2
Skort	\$4
Pants	\$2
Art Smock	\$5
Jacket/ Raincoat	\$10
Shoes	\$5

Please note all items are subject to availability and may require a clean prior to use.





# Term 2 Important Dates

Monday 3rd June	Curriculum Day– No School
Wednesday 5th June	South District Cross Country
Monday 10th June	Queens Birthday– Public Holiday No School
Tuesday 11th June	Casey Safety Village Excursion Yr 1/2
Wednesday 12th June	School Review Parent Forum
Thursday 13th June	Winter Lightening Premiership
Friday 21st June	School Photos
Friday 28th June	Last Day of Term 2 2:30 Departure
Tuesday 23rd July	Student Led Conference <i><u>Please note students not to attend today other than at their allocated conference time.</u></i>
Wednesday 24th July– Friday 26th July	Dental Visit for Hastings Primary School

## District Sports

Round Four: 6th June Wallaroo PS

# Happy Birthday

