



Newsletter

Edition 12– 7th August 2019

Message from the Principal

Reading For Life R4L 2019 has begun !



Reading for life 2019 a wonderful reading support program at local primary schools in Hastings, coordinated by LSEY's partnership is about to begin.

As you are aware the local Hastings schools are participating in the Reading for Life program. Each week, at a regular time, students will meet individually with their reading buddy to read and complete enjoyable reading activities for 45 – 60 minutes. Fifteen sessions will be conducted on school premises within school time over 15 weeks.

This year we have over 10 new volunteers joining us from Monash University. We also would like to say thank you to our returning volunteers.

Woorabinda Camp

Our campers returned last Friday from Woorabinda full of exciting stories about their adventures at the DET camp, 'Woorabinda 'in Gippsland. The story goes, that Mr Hewitt conquered the high Ropes course. Keep an eye out for some photos!

We WANT to hear from you!

The Parent Opinion Survey is now open and we are seeking your FEEDBACK!

Our school is conducting a survey to find out what parents think of our school. The Parent Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted amongst a sample of randomly selected parents at each school. The survey is designed to assist our school in gaining an understanding of parents' perception of school climate, student engagement and relationships with our parent community. Our school will use the survey results to help inform and direct future school planning

This survey is now conducted **online by ORIMA Research Pty Ltd** and only takes **15 minutes** to complete. The survey can be accessed via desktop computer, laptop, tablet or mobile at any convenient time within the period from Monday 22nd July to Sunday 11th August 2019.

Approximately 30 per cent of our parents have been randomly invited to participate in this year's survey. Parents who have been randomly selected will have received an email with a link to the survey. All responses to the survey are anonymous. The survey results will be reported back to our school at the end of September and information passed on to parents via the newsletter and through our annual report.

If you would like to participate or want any further information please come into the office.

Evacuation Drill

As part of Emergency Management Plan we ensure that we complete at least one Evacuation Drill each term. The first, and most important reason for an Evacuation Drill is the experience it gives. It's vital that everyone knows and understands the evacuation plan, so in the event of a real emergency, they know where the exits are located, where the assembly point is and most importantly – that there is no need to panic.

Last week we practiced a 'Lock Down' drill to test our communication processes. As always, a drill presents the perfect opportunity to tighten up on rules and amend our risk assessments so that we are prepared for an emergency and ensure we have all the information we need to respond appropriately to a drill or real situation.

Our students responded sensibly and calmly, all students, staff and visitors onsite were accounted for in a timely manner. WELL DONE everyone! If you have any questions about our Evacuation Drills please come in and see me.

Thumbs Down

Unfortunately we had a break-in over the weekend. If you have any information please contact the local police station to assist them with their investigation.

Tu Toa, Kia Kaha – Stand Strong, Have Strength

Regards,

Simone McDonald

Principal



Principal Awards

Congratulations – Levi Stokes

For always demonstrating your best manners when you come up to the office.
Thank you for being an amazing role model at Hastings PS.

Congratulations— Mason Waddington

For always demonstrating your best manners when you come up to the office.
Thank you for being an amazing role model at Hastings PS.

Environmental News

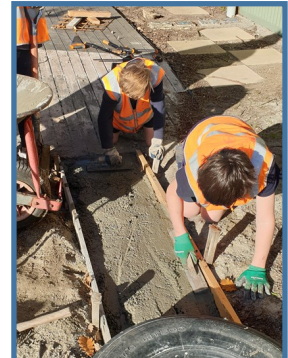
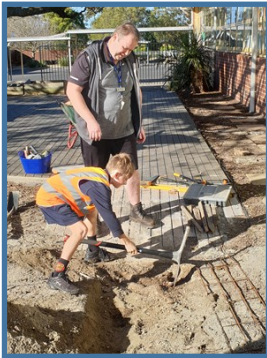
A team of students called the Environment Group identified that the area in the school yard under the oak tree could be turned into a car racing track. Imagine how cool it will be to bring in a toy car from home and race it around the track!

The team started with designing it - should it just be a one lap track or more? Curvy or straight? Then, with Mr Barden teaching us how to pour concrete, we started building the track. It looks so good.

Along the way we have worked, learnt and used skills such as measuring, calculating, teamwork and budgeting how much money this project might cost the school.

What a great classroom it has been! And we've had some great ideas from some Sea Eagles students - thanks.

Next time we get together, we will be using many of the car tyres to build tunnels and pit stops. See our pictures on the next page and come and check it out.



Student of the Week

Class	Week Ending	Friday 26th July 2019
PA	Mason Waddington	Mason you have had a fabulous week all round. I have especially enjoyed the kind way you have played with your friends this week. Keep it up Mason!
PT	Rhys Rothwell	Rhys your organisation is impeccable! Not only do you keep yourself organised during the day with your equipment and materials, but you also keep me organised too! Way to go!
1/2B	Caelan Law	Caelan, take a bow and soak in the applause. 1/2S is cheering your efforts so far since joining our class. You have put your best foot forward on every occasion. Way to go Caelan!
1/2C	Elise Churcher	Elise, you were able to present a fabulous Student Led Conference on Tuesday night! Your hard work and effort on your animal information poster and your amount of practice presenting paid off! Well Done!
1/2D	Phoenix Brockway	Congratulations Phoenix for making 12 months growth in your reading and working at a Year 2 level in Number and Place Value. Great work and Happy Birthday!
3K	Levi Stokes	You are continually engaged in your learning and encourage others. You are making good choices in the classroom and playground. Keep it up Levi!
3/4H	Steele Fry	An outstanding week where you hit the ground running and have been on top of your game inside the class and out, keep it going Steele!
4/5J	Sophie Knell	Sophie you conducted a confident Student Led Conference and have worked hard to achieve all your goals, persisting through challenges. Well done!
5/6C	Kynan Bryant	You have made a great start to the term Kynan! You approach all school activities with enthusiasm and a positive attitude. Good job!
5/6M	Nathalie Castro	Nathalie, you are a quiet achiever who makes the most of class time and gives all school activities a go. Your respectful manner is appreciated!

Student of the Week

Class	Week Ending	Friday 2nd August 2019
PA	Kooper Harnden	Kooper you are well known for always using delightful manners with adults and children at school. This week you have been extra caring and considerate with your friends, which is a joy to watch. You are an outstanding member of our school and a great role model to the other students in our class!
PT	Alexis Hauschild	What an outstanding week you have had Alexis! The persistence you have demonstrated during writing has been unmatched. You are trying new skills and showing great improvement. Keep it up!
1/2B	Sophie Perham	Sophie, you have shown determination and grit in our writing this week. Your positivity has been quite infectious. What a great role model you are to others. Way to go Sophie!
1/2C	Elise Churcher	Elise, you were able to present a fabulous Student Led Conference on Tuesday night! Your hard work and effort on your animal information poster and your amount of practice presenting paid off! Well Done!
1/2 C	Ella Dimmock	This week you have shown that you can be brave with your learning! You have started to step out of your comfort zone. It has been excellent to see you put up your hand and join in more during class discussions. Well done and keep up the effort!
1/2D	Bella Auty	Congratulations Bella on working very hard to improve on your leadership skills in Circle time. Keep it up in all reads of your learning, well done.
3K	Serenity Guertner	Congratulations on doing your best school work and helping others and giving the athletics activities a go. Well done
4/5J	Dylan Molloy	Dylan, your persistence and confidence have shone through this week. You have shown great enthusiasm and used initiative to achieve fabulous results. Well done Dylan!
5/6C	Deniki Elisaia	Well done on your enthusiastic performance in House Athletics Deniki. You made an outstanding effort in all events and applied a 100% positive attitude. Keep up the great work!

Sports News

Last Thursday we held our annual Years 3 – 6 Athletics Carnival. The students competed in the 100m sprint, 400m run, hurdles, long jump, triple jump, discus, shot put and the vortex throw.

Everyone looked terrific in their House colours! There were many personal best achievements and these added to the House team scores for the day.

Thank you to all the parents who came and volunteered and spectated on the day. The kids loved the support. Special thanks to Julie,

Michael, Jessie and Ceira who scored on the day.

From the placegetters, our Hastings Primary School Athletics Squad has been selected. This team will represent the school at the Crib Point District Athletics Carnival to be held at **Ballam Park on Thursday 29th August.**

These children have had their first meeting with me and will be training over the next few weeks leading up to the event.

The cost for the District competitors will be \$10.00 per child. Notices will be given out this week and will need to be returned **on time**.

The results from the HPS carnival were exceptionally close and are as follows:

1st KING

2nd BASS

Equal 3rd FLINDERS and GRANT.



From the Assistant Principal

Student Led Conference Survey

Thank you to those families who have completed the survey I sent home about our student led conference day. This year we have tried a different format and the feedback has been overwhelmingly positive!

Attendance

In Victoria everyone aged from 6 – 17 has to go to school. Missing one day a fortnight is the same as missing 4 whole weeks of school a year. From Foundation to Year 12 that adds up to 1.5 years of school!

The students of HPS have come up with some attendance slogans and last week the SRC voted on their favourites to be used at school:

“Being away is a waste of your day”

“Come to school to learn the rules”

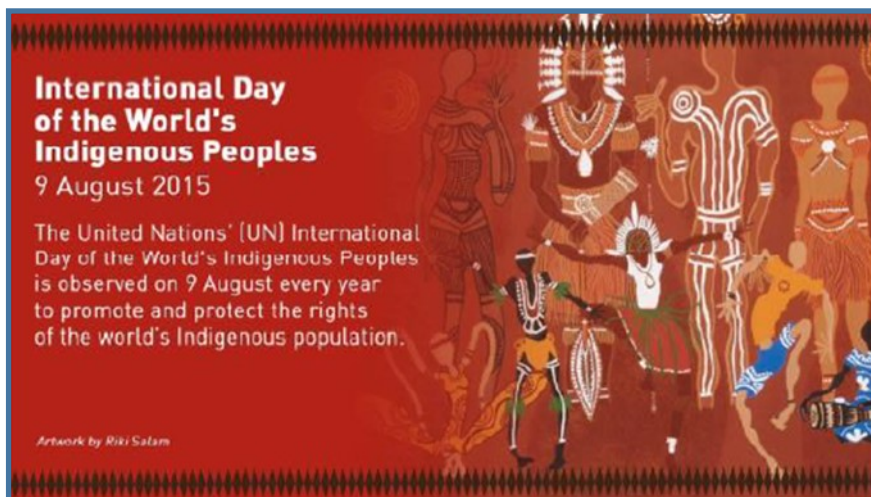
“Don’t be away make the most of your day”

“Learning is great so don’t be late”

“Learning is cool so go to school”

The SRC will be running a poster competition for the slogans and the winners will be displayed around the school.

International Day of the World's Indigenous People



Tomorrow is 'International Day of the World's Indigenous People.'

Did you know that the largest Aboriginal populations are in the cities? Of the total Aboriginal population, 31% live in major cities, 22% in inner regional Australia, 23% in outer regional, 8% in remote and 16% in very remote.

CyberSafety -

How to build digital intelligence (part 2)

Encourage safe and responsible behaviour

- ◆ Work on achieving a healthy balance in your child's online and offline activities and set boundaries for digital device use in your home. Find out how in [time online](#).
- ◆ Remind your child of the importance of safeguarding personal information that can be used to identify or locate them.
- ◆ Explain why they should be suspicious of unsolicited messages and emails, and avoid clicking on pop-up ads on websites. Some pop-ups that seem safe can lead to inappropriate sites or ask for personal or financial information. Find out more in [taming the technology](#).
- ◆ Help them configure the strongest privacy settings on all the social media apps and sites they use. It is best that only their circle of friends can view their information, tag them in a photo or share posts. And get them to check their settings regularly as updates can sometimes change them back to the default. Read more about privacy settings in the [eSafety Guide](#).
- ◆ Ensure your child uses strong passwords on devices and accounts, and explain the importance of not sharing passwords, even with friends. See [protect your personal information](#) for advice on setting strong passwords.

Find more advice in [privacy and your child](#).

Help them build resilience

- ◆ Keep your cool if your child experiences a negative experience online. Remember, the choices they make as they navigate difficult situations can help them learn. Our [2017 'State of Play' research](#) shows round six in ten young people were able to identify some positive impacts from a negative online experience.
- ◆ Remind your child that they can screen who they accept as online 'friends'.
- ◆ Make sure they know how to block and report users or pages on the sites they use.
- ◆ If they have a negative online experience, find out how they are feeling about it, offer support and encourage them to keep things in perspective at the same time.
- ◆ For example, you might say: 'What that person has done is not OK. They must be feeling pretty bad about themselves to treat you like this. How are you feeling? Let's block them to stop their messages coming through.'
- ◆ Build your child's confidence and encourage positive ways of thinking — looking on the bright side, thinking rationally, understanding that difficult times are a part of life but there is help and support available.

This fortnight's Mindfulness Activity – FOCUS ON BREATHING:

Breathing exercises are a powerful tool that can be taught to children to empower them to self-regulate their emotions. Encouraging children to sit quietly and focus on their breathing is a quick and easy way to calm them.

Flower Breath: Imagine smelling a beautiful flower, breath in through the nose and out the mouth, releasing any tension. Stop and smell the roses, daffodils, daisies or any other flower they like. This is a simple way to connect kids to their

breath and how it helps them to feel.

Bunny Breath: Just 3 quick sniffs in the nose and one long exhale out the nose. Invite kids to pretend to be bunnies, sniffing the air for other bunnies, carrots to eat, or safety. It can be a lovely cleansing breath when you use it in this way.

Rebecca Klimeck
(Acting Assistant Principal)

Classroom News

Our Day at Chisholm TAFE

What are primary school students doing walking into Chisholm TAFE in Frankston? 21 students from Hastings PS and 15 from Wallaroo PS were invited to visit the new TAFE facilities to learn about careers for the future. Some amazing parent helpers came along as well. We watched some trainee builders and one gave a small but interesting speech about how they were making stools and the skills it took to prepare and plan for their work.

We also learned you can go to Chisholm TAFE to learn how to be a hair stylist, builder, cook, work in hospitality, plumbing and more. Students from ACU also told us about studying law and OT. They told us about fitness, education and how important our body is. They were so kind that they donated an A.C.U drink bottle to all of us.

To top it all off we got a three course meal! At our table we got to talk to the RACV people about their jobs and we practised starting conversations with questions we got on cards. It was very

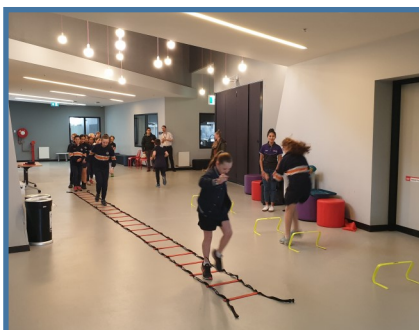
creative and entertaining and would also boost our social skills. This kept us entertained while the trainees cooked us a delicious three course lunch which included pork belly, slow cooked beef, brownies and hot chocolate with marshmallows.

All of this and we didn't we did not even have to pay because the excursion was funded by the Ardoch Foundation, so we lucky children could participate in the Learning through Lunch Program.

We would also like to thank Chisholm TAFE for letting us participate in the Learning Through Lunch program. We really enjoyed it and we hope we can visit again soon. I would recommend the program for people who would like to learn more about their future jobs.

By Kynan Bryant and Madi Carroll 5/6C





Wellbeing

Anglicare Victoria are providing a **FREE** 6 week program for parents and carers called Parents Building Solutions.

This course is a space where parents and carers can share experiences and learn strategies to support your kids.

The program is co-facilitated by Monica Kelly from Good Shepherd and will focus on;

- ◆ How to get kids to listen without yelling
- ◆ Understand why children behave the way they do
- ◆ How to deal with anxiety and/or anger
- ◆ Setting positive rules and consequences

Course Details

Day: Tuesdays
Time: 1pm-3pm
Location: Good Shepherd
Community House
6 Wallaroo Place
Hastings

If you are interested please let Carla know.



NED's Mindset Mission is a positive behaviour assembly visiting our school!

A world-class performer takes our students for a 45 minute journey filled with storytelling, illusion, yo-yo tricks and humour.

NED's message and memorable friends inspire students, promote academic achievement, and support our school goals. NED will become a positive role model at both school and at home.

***Never Give Up
Encourage Others
Do their best***

Our school receives this assembly at no-cost because another school community has paid-it-forward to us. Now it's our turn— you can help by purchasing a NED-messaged yo-yo and accessories. A yo-yo is both a mindset tool and tangible reminder of the NED's message. Whilst learning to yo, children will make mistakes, try again, and improve.

Our school's yo-yo sale

Sale Dates: Monday 19th– Friday 23rd August

Time: 8:30am-9am

Location: School Reception CASH ONLY (no change available)



Let's LAUNCH into SCIENCE WEEK!

This year the theme for SCIENCE week is EARTH and SPACE, with a celebration of the 50th Anniversary of Neil Armstrong landing on the moon.

How many of you actually remember that historic event?

Our students will be taking part in many activities during the week, with a culmination of the week, being the launch of rockets created by your children.

So come along to our assembly on Friday, 9th August to see our Year 6 students launch next week's events, with our specially coded 'Neil Armstrong' robot.

FOR YOUR DIARY...

(please look out for notices to be signed and returned)

Monday: Shepherd incursion (Sea Eagles, Kingfishers, Anglers)

Tuesday: iSea iCare incursion (Anglers), Fizzle and Pop excursion (Sea Eagles)
Chick Hatching excursion (Minnows)

Wednesday: Clean up Hastings- Plastic pollution event

Thursday: Rocket building from recycled materials in classes

Friday: Space Theme Dress up & the BIGGEST rocket launch will take place at 11:30am and prizes to be awarded at the afternoon assembly

Science Week Dress Up
Dress up in a costume made
of recyclable items in the
theme of space.
Friday 16th August

Term 3 Important Dates

Monday 22nd July—Sunday 11th August	Parent Opinion Survey Open
Monday 12th—Friday 16th August	Science STEM Week
Monday 12th— Thursday 15th August	Cottage by the Sea Camp— selected students
Friday 16th August	NED Show Incursion Prep— Yr 6 9am-10am
Friday 16th August	Science Week Dress Up Day (Gold coin donation)
Tuesday 20th August	School Council Meeting
Tuesday 27th August	Moonlight Sanctuary Excursion Preps
Thursday 29th August	Crib Point District Athletics
Friday 30th August	Fathers Day Breakfast
Monday 2nd – Friday 6th September	Literacy Week
Friday 6th September	Book Character Parade
Tuesday 17th September	School Council Meeting

As part of the science curriculum for Term 3, the Year 5 and 6 students will be taking part in a weekly STEM session at Westernport Secondary College.

Friday 9th August
Friday 16th August

Happy Birthday





WHAT'S ON SPRING

HASTINGS PRIMARY

Sept 23 - Oct 4 | HOURS 7:30 AM - 6:30 PM

BONUS

**40 BOREDOM
BUSTERS!**
GET THE KIDS OFF
SCREENS THESE HOLIDAYS

CHOOSE YOUR HOLIDAY ADVENTURE

TREASURE CHEST & DIY SPEAKERS

DOLPHIN RESEARCH INSTITUTE & DIY
ORNITHOPTER

MAGIC CARPET RIDE & BEAD PUPPETS

ASHCOMBE GARDENS & POT HEADS

BAKE-A-WISH & DRAWING GAMES

... AND MUCH MORE!

DOWNLOAD THE FULL PROGRAM
teamkids.com.au

TeamKids **empower children** to have fun, experience new activities, learn new skills and be with friends in a safe and caring space during the school holidays.

BOOK NOW!
Call 1300 035 000