



Newsletter

Edition 18— 13th November 2019

Message from the Principal

Remembrance Day

Remembrance Day was observed on Monday 11th November 2019. Remembrance Day marks the anniversary of the Armistice which ended the First World War [1914-18]. Our students created a wonderful display to **Honor the Spirit** of our Defense Force members.

*The flowers left thick at nightfall in the wood
This Eastertide call into mind the men,
Now far from home, who, with their sweethearts,
should have gathered them and will do never again.*

1915 Edward Thomas (KIA 1917)

**#remember #lestweforget
#rememberanceday**



Our Angling students attended a service at The Shrine of Remembrance, whilst those of us remaining at school observed a minutes silence. One of our senior students has written an article that you can read in this newsletter.



Books in Home

Books in Homes along with Blue Scope Steel have come together with Hastings Primary School to once again supply our Foundation to Year 6 students with two books of their choice. We are thrilled to be able to work with our community partners to provide such wonderful resources for our students. The books will be sent home later this term

Planning for 2019

Believe it or not this is already happening! Part of our planning is to ensure a smooth transition for students into the next year level.

Our staff give careful consideration to grade structures and this information will be released to students and families during our internal transition in December.

Please do not ask teachers to make special changes. Special circumstances will only be considered after an appointment with the Principal.

We also need to know if there are any more enrolments for 2020. If you haven't already, please let us know if you have a Foundation student starting school in 2020.

IMPORTANT DATES

2020 Transition Visits

Today we had our final transition visit with our 2020 Foundation students. Families got to take home an amazing School Starter Pack with lots of supplies to help support coming to school.

Enrolment packages are still available at the office.

State-wide transition is coming soon

State Wide Transition Day

Tuesday 10th December

9:00am -10:30am

Transition at Hastings PS

In a few weeks we will begin our internal transition program for our students. Students will participate in activities with their new year level and work with the current staff members in those areas for the first of three planned transition sessions. The final session will be when the students come together in their 2020 class group and meet their teacher for next year.

- ♦ **10/12—Step—Up day**
- ♦ **17/12—Step—Up day**
- ♦ **19/12—Meet your 2019 teacher**

NAPLAN Results

The NAPLAN Individual Student Report [ISR] have been delivered to school. These are confidential documents and are available for collection from the front office by a parent/guardian.

Any ISR not collected before the final week of Term 4 will be sent out with Semester Two reports.

School Start Times and Yard Supervision

Reminder

Our school yard is not supervised before 8.30 am.

If you are requiring Before School or After School Care please call St Marys Childcare on 0359 791 149 to discuss options.

BUSHFIRE SEASON PREPARATIONS

Hastings Primary School is on the Bushfire Risk Register and as a result we are always **reviewing** our **Safety Procedures** to ensure the well being of **Students, Staff and Visitors** here at Hastings PS.

On the 26th of November we will be conducting an **EVACUATION DRILL** to our shelter-in place facility. As part of this **DRILL**, we will be sending out a Flexibuzz to notify you so that you are not alarmed if you hear the siren. We will also be sending an **SMS** to everyone. This is part of our process to ensure we have **YOUR** correct contact information.

Preparing your home for a bushfire

We are all aware of the devastating fires in NSW at present and know that bushfires are a natural part of the Australian environment and occur regularly, but many Australians fail to prepare for them.

While there are elements of a bushfire that you can't control - like the weather - planning and preparing your home for a bushfire can dramatically increase the chances of your family and your home surviving.

As bushfire season is now upon us it is a timely reminder to ensure you have reviewed and updated your own plans for your family.



Volunteering at Hastings Primary School

Here at Hastings Primary School we have many wonderful volunteers. Our volunteers participate in a range of activities that support our students.

- ♦ *Classroom helpers*
- ♦ *Art Room*
- ♦ *Library*
- ♦ *Hot lunches and Fresh Fruit Friday*
- ♦ *Brekky Club*
- ♦ *Reading for Life*
- ♦ *Story Dogs*
- ♦ *Performing Arts*
- ♦ *Working bees*

There are many opportunities to become involved and as long as you have a current working with children's check you are able to volunteer are with us to support the school. Pop into the office and have a chat about how you can become involved.

We will also be celebrating our 2019 volunteers shortly so look out for your invitation that will be coming home soon.



Volunteer's Morning Tea

Join us
Wednesday November 27th,
to celebrate all of the wonderful work
you do at Hasting Primary School!

11:00am in The Angling building

RSVP: 22nd November
Office 59791517

Staffing News

Next year we have a few teachers who will be taking a year of leave.

- ♦ Mr Tony O'Reilly will continue working in a remote indigenous community in the Northern Territory
- ♦ Ms. Mel de Lange will be teaching in Indonesia with her husband.
- ♦ Ms Nicola Jones will be working outside the govt. sector.

We wish these teachers all the best as they pursue a new and exciting adventure for 2020. Of course we are looking forward to them returning in 2021 so they can share these experiences with us.

Farewell to Suzy

Our Chaplain Suzy McManus is finishing up with us at the end of the year. We wish Suzy all the best with her adventures next year and beyond. In our next newsletter we will have a Suzy expose'.

Principals Award

Congratulations Chase Peart

You have demonstrated great 'resilience' and 'courage' whilst you found yourself in a tight situation! Well done on being brave and keeping a smile on your face while Dr. Barb and Dr. Mez looked after you!



Tu Toa, Kia Kaha –

Stand Strong, Have Strength

Regards, *Simone McDonald* **Principal**



World Kindness Day

November 13th is World Kindness Day.

We all know the profound influence our everyday actions and attitudes can have on our students and co-workers. When you toss a pebble into a pond, the ripples spread from the point of impact to the very edges of the whole. With that in mind, what if we made a vow to create as many ripples of kindness in school as we could? We can create a tidal wave in our schools and in our lives by simply focusing on acts of kindness.

Here are our best ideas to help you get started:

Be kind to your students.

1. Acknowledge each student with a greeting as they enter your room. Let them see how happy you are to see them.
2. Allow your students five minutes to just have a friendly visit with one another.
3. Laugh at your students' jokes.
4. Compliment your students for their awesome ideas, incredible word choice, stupendous mathematical skills, etc.
5. Put up a mailbox for students to deposit "kindness reports" about their classmates.
6. Publicly acknowledge every kindness you witness in your classroom.
7. Post students' beautiful work everywhere!
8. Stay with your class during library time and help them pick out great books.
9. Ask your students questions about their time away from school.
10. Repeat it one more time (yes, even if it's the fifth time!).
11. Give your grouchy voice the day off.
12. Take time to listen to their stories. (We know. They have *lots* of stories!)
13. Raffle off a free homework pass.
14. Compliment another teacher's class as they walk through the hall quietly.
15. Don't rush them.

Be kind to your teammates.

16. Stop at the coffee shop on your way to school and surprise your teammates with

their favourite beverage.

17. Give your teammates a recap of the awesome workshop you attended.
18. Take a break from work talk at lunch time.
19. Offer to take your stressed-out teammate's duty.
20. Tell one of your teammates about the awesome new read aloud you discovered. Better yet, lend them the book.
21. Help a teammate carry a heavy load to their car.
22. Offer to help a teammate change their bulletin board.
23. Anonymously leave chocolates on your teammates' desks.
24. Take a shift with one of a teammate's more challenging students.
25. Bring in leftover desserts from home to share.

Be kind to your administrators and office staff.

26. Thank your administrators for setting a positive tone in the building.
27. Keep eye rolling to a minimum during your professional development meeting.
28. Have your students decorate and sign a thank-you poster for everyone in the front office.
29. Invite your principal or assistant principal to a special event in your classroom, such as a readers' theatre performance or class party.
30. Send your students to the office for positive reasons, like to share a wonderful story or to show a perfect score on a math test.

Be kind to your whole school community.

31. Resist the temptation to "borrow" the unlabeled Diet Coke in the staff refrigerator.
32. If you jack up the copier, don't leave it that way!
33. Forward funny teacher cartoons to the staff.
34. Ask the newbie teacher for advice.
35. Sit with someone different at the staff meeting.
36. Put up inspirational or humorous posters in the staff bathrooms.

37. Straighten up the mess someone else left in the teacher workroom.

Be kind to parents and families.

38. Call a few parents after school just to tell them something wonderful their child did that day.
39. Tell your parent volunteers what lifesavers they are.
40. Email a happy note home to one of your more difficult student's family.
41. Invite family members to join you in class

for special events.

42. Even though you have loads to do, linger at the classroom door at pickup time just to be social.

Just be kind!

43. Slow down!
44. Make eye contact.
45. Smile!
46. Listen.
47. Offer sincere compliments.
48. Be present.

Classroom News

Race Track Update

Not a Monday afternoon has passed without a hard working team of students, shovels in hand, safety clothing on, building our school race track.

Over the last few weeks a super cool high ramp has appeared, a stump to mount our donated steering wheel on was sunk and the tyres upcycled to build small vert ramps.

Along the way we have had some set backs with some students undoing parts of the track but after some reminders about respect for our school facilities and the reason we are creating this track, we have been able to speed ahead in fast gear to get the job done!

Come and visit for a spin around the track. Great work by everyone involved and thanks to the staff who have selected excellent drivers to help with this project!

Safe steering everyone!



Grade 2 Camp

Below are some of the students favourite things they did on camp.

My favourite game at camp was when we played the water cup relay– Noah Doll

I was in a cabin with Hailey and Ellora. We had a pillow fight, a really quiet one so the teachers couldn't hear us– Primrose Canham

We went for a long hike and after we got sausages and icypoles– Harley Priddle

I was rolling down a hill and I fell and rolled all the way
Jason Cameron



Remembrance Day

One year ago today I went to France to commemorate the 100th year anniversary of the end of World War 1. I visited the Western Front and Villers Bretonneux in France.

On the 11th day of the 11th month at the 11th hour, we stood for a minute silence for the fallen soldiers who fought for the freedom of their land.

At the 100th year anniversary they called people up to lay down wreaths to commemorate there lost ones that passed away in battle. We were there for an hour and then we were luckily enough to get a full tour of the museum and got the experience of learning about an Australian soldier named Vincent and the horrific things he experienced during the war. We even got to wear replicas of the clothes they wore. We learnt that when a soldier dies if they were identified they would send off a "dead man's coin" to the family of the soldier that passed away.

On the 11th of November 2019 I went to the 100th year anniversary of the first Remembrance Day. It was such an amazing experience. I saw the French,

British and Australian flags flying in the breeze. At exactly 11 o'clock the sun shines through an opening in the roof of the Shrine of Remembrance and lands on the word "love". We stood for a minute's silence which started and ended with huge gunfire that made us all jump. I can't imagine what it would have been like on a battlefield hearing those sounds continuously. The Ode was recited. This is like a poem that focused on remembering the soldiers for fighting for our country's freedom. It was heart-warming to be there and to commemorate 100 years since the first ever Remembrance Day.

By Kaitlyn Simmonds 5/6C



CRAZY HAIR DAY

Today we celebrated crazy hair day. Students and teachers put in a great effort and we raised an amazing \$133.05 which will be donated to the zoos Fighting Extinction



From the Assistant Principals Desk

At Hastings Primary School there is always something exciting going on! This week I was lucky enough to attend the excursion to the Shrine of Remembrance (Victoria's national war memorial) with the Angling Students on Monday.

It was a fantastic day out in Melbourne and our students are to be commended on their behaviour and the respect they showed during the 100th Remembrance Day ceremony.

This Thursday night is our annual level one sleepover. It is one of our most highly anticipated events and I'm really looking forward to it!

Attendance Q and A for Primary School students:

Do I have to go to school?

Yes, in Victoria everyone aged from 6 – 17 has to go to school.

Missing one day a fortnight is the same as missing 4 whole weeks of school a year. From prep to Year 12 that adds up to 1.5 years of school!

School is better when you attend. Your friends and your teachers notice that you're away and wonder if you're OK.

Why is regular attendance at school important?

Right now, being at school is the most important thing you need to do for your future. School helps you build good habits for later on in life. You might think school is just about Maths and English but you're also learning about how to work with other people and how to solve problems.

Being at school every day also means you are becoming more independent as a learner and interacting with your friends and teachers. If you're at school you can get help from your teachers and friends and won't have to try to learn things in your own time.

Being an adult probably seems far away but we know that young people who attend school more frequently have better outcomes after school too. This means they earn more money, have better job opportunities and are generally healthier. So being at school really does make a difference!

Do my parents need to let the school know if I'm going to be away?

Yes. Your parents need to notify the school within **three days** of your absence.

If you're away from school too much and don't have a reasonable excuse like a serious illness, your parents can also get in trouble.

Mindfulness Apps

Technology is having a profound impact on learning and development, sometimes in a positive direction and sometimes by bringing new challenges. To ensure that you are using technology to your advantage when it comes to teaching children mindfulness, give some of these resources a try.

Mindfulness for Children: Meditations for Kids

This is an application that can be downloaded through the Android app store, iTunes, Google Music, or the Apple app store, with multiple versions available. There are a few versions that must be purchased and one free version, which offers fewer conveniences than the paid versions.

This app is centered around **guided meditation** that is designed to help children wind down before bed. It includes relaxing nature sounds and instructions in a plain language that children can easily understand. The app can guide the user through a body scan, visualizations, and breathing exercises.

Reviews for this app have been positive, and the developers report that parents have seen some reduction in ADHD symptoms through using this app.



◆ Smiling Minds

Another application that is popular for children as young as 7 is the Smiling Mind app. This app is available through the Apple app store as well as the Google Play store and is free to download and use.

This app offers similar features to the Mindfulness for Children app, including a body scan activity. There are dozens of modules with hundreds of sessions available, customized for well-being, education, and the workplace (for adults)

Have a great week everyone!

Rebecca Klimeck Assistant Principal

Student of the Week

Class	Week Ending	Friday 1st November 2019
PA	Zoey Baker	Zoey, you have had a wonderful week you have had! You have been looking out for your classmates, using your manners and participating in all activities. Well done on all your efforts this week and keep it up!
PT	Jack Randle	It has been terrific to see you readily participating in all school activities this week. You joined in with our Walk to School as well as doing your best during the junior school athletics. Keep it up!
1/2B	Mitchell Kingdon	Mitchell, your work during maths patterns has been inspiring. Your commitment to finding the rule, is like Sherlock Holmes solving a puzzle! Good work dear chap!
3K	Amelia Jackson	Congratulations Amelia on your outstanding results in geometric reasoning. You are approaching your numeracy with increasing confidence. Well done !
3/4H	Cherish Elisaia	You never cease to amaze me with your dedication to learning and how well you adapt to new challenges, you are a genuine pace-setter.
4/5J	Liyong Chea	You have shown more confidence in the classroom and you are trying to join in more. Keep up the great work!
5/6C	Latisha Apthorpe and Chelsea Sears	You stepped up this week to fill in for the leaders who were out of the school. It is great to see you having a positive attitude to school! Keep it up. You have demonstrated confidence and resilience by volunteering to fill in for the leaders at assembly this week. Great effort!
5/6M	Gus Hyder	You have had a positive attitude to your learning this week and showed a willingness to try new things. Well done!



Class	Week Ending	Friday 8th November 2019
PA	Amelia Cacek	This week you have kept your cool during new challenges, confidently smiling your way through daily school life. Well done Amelia!
PT	Thomas Rogers	Way to go Thomas! You have come back this week and put your best foot forward. Working extremely hard in both reading and writing and being proud of your achievements. Keep it up!
3K	Declan Pippard-Goodrem	Congratulations Declan on your narrative writing this week. The extra details in your writing and great story opener certainly got my attention. Well done!
3/4H	Emily Webster	You always work hard at your numeracy and never give up, your ability to work through problems in a logical sequence has payed dividends.
4/5J	Summer Fry	Well done on an outstanding week Summer. You have shown resilience and persistence and have produced outstanding independent work. Keep it up!
5/6C	Marcus Harwood	You consistently step-up to help others and continue to lead by example in all school activities. Your work with the science team was outstanding. Well done.
5/6M	Lilly Smith	You have shown a willingness to step out of your comfort zone and challenged your confidence in group activities this week. Well done.



Level One Awards

The following students were awarded Level 1 awards on Friday 1st November

- ◆ Malakia Kelly
- ◆ Max Hanson
- ◆ Caelan Law
- ◆ Dusty Ray Jacobson
- ◆ Tyler Law
- ◆ Lily Smith
- ◆ Ginny Williams



Term 4 Important Dates

Thursday 14th November	Level 1 Sleep Over
Monday 18th– Friday 22nd November	Year 3-6 Swimming and Water Safety Lessons
Tuesday 19th November	School Council Meeting
Thursday 21st November	School Fees Due \$45 payment plan option 2
Wednesday 27th November	Volunteers Morning Tea
Thursday 28th November	Crib Point District Duathlon
Monday 2nd– Friday 6th December	Foundation– Year 2 Swimming and Water Safety Lessons
Wednesday 4th December	Christmas Concert
Tuesday 10th December	State Wide Orientation Day
Wednesday 11th December	Book Collection Day
Thursday 12th December	Year 6 Enchanted Maze Excursion
Thursday 12th December	Year 6 Graduation Dance
Monday 16th December	Foundation Arts Centre Excursion
Wednesday 18th December	Foundation and Year 1 Puffing Billy Excursion
Thursday 19th December	Final Assembly for 2019 9am
Friday 20th December	Last Day of Term 1:30 dismissal

Happy Birthday



St Mary's School Twilight Market



Friday November 15th 2019
4:30pm - 7:30pm
69 Marine Parade, Hastings

FREE
ENTRY!



Food Vans * Toy Stalls * Coffee Van * Jumping
Castles * Face Painting * Balloon Art * Arts &
Craft Stalls * Homemade Gifts * Trash 'n'
Treasure * Beauty Products * ... and lots more!

Stall Holder Enquires

Twilight Market Coordinators

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