



Newsletter

Term 4 Edition 4

25th November 2020

Principals Report

I can hardly believe that the term is nearly over. Of course that doesn't mean we are slowing down, in fact if you ask any of the staff they'll say that we are actually getting busier. It is an especially exciting time of the year as we prepare to celebrate the learning of our students and the important transitions they are about to make within our school, into our school and beyond as they move to Secondary school.

Transition Sessions

Foundation Transition Sessions

We are excited to have two more onsite transition sessions with our 2021 Foundation students before the end of the year. Ms Thorne has been in contact with families to arrange another session and they will also be attending our school during the state wide transition session on **Tuesday 8th December**.

Internal Transition Sessions

This week we will be commencing our internal transition sessions. All students will take part in three sessions and will be advised of their new teachers for 2021 in their last session.

State Wide Transition Session

Year 6 students will be attending their high schools and our foundation students will be joining us for their state wide transition sessions on **Tuesday 8th December**. Information will be provided closer to the date.

Meet Quill

On Monday 18th November Mrs Welsh had the privilege of picking up Quill from Seeing Eye Dogs, a division of Vision Australia. Quill is an eight week old seeing eye dog in training who will be living with Mrs Welsh's family for a year.

She will come to school daily, as well as everywhere she goes outside of school. It is important to her training to be exposed to different experiences so she learns about the world and knows what to expect from many situations. This prepares her for the possibility of working with blind or low vision people, assisting them with their day to day lives.

Just like any dog, please ask before you pat Quill. She has enjoyed meeting students from all classes at school, although it is quite exhausting for a little puppy. When Quill is in her Seeing Eye Dog jacket she is in training to be a working dog, and is not to be patted or touched at this time. Thank you to everyone for being accepting and asking questions about Quill. I hope you enjoy watching her grow up as much as I will.

Mrs Welsh and Quill



Bush Fire Preparedness

Next week we will conduct our Bush Fire Shelter

In-Place EVACUATION DRILL. The alarm will sound during recess and all of our students will make their way quickly and sensibly to the meeting point and into the school hall, which is our shelter in-place venue.

Families will receive a notification of this drill via our Flexischools app.

Books In Home **2 MILLION BOOKS AND COUNTING...**

Books in Homes is a charitable foundation that provides books— of-choice to children, ensuring crucial early literacy engagement and development of reading skills needed for lifelong achievement.

BlueScope Steel is one of the generous sponsors that support Books In Homes.

The students at Hastings Primary School have been lucky to be recipients of these books for



several years now, and look forward to this with great anticipation and excitement every year! All students were presented with their books last Friday. We hope they enjoy them.

Policies

Our Child Safety Policy has been updated and can be accessed from the website. [Click Here](#) to view the policy.

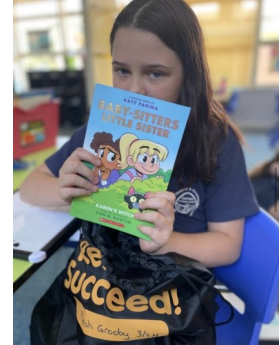
School Fees & Booklists 2021

Just a reminder that the balances of school fees are due & books are to be collected on **Wednesday 9th December.**

You are able to pay online or come into the office to pay via cash or EFTPOS.

Thank you to everyone who has already commenced paying or paid in full.

***Tu Toa, Kia Kaha –
Stand Strong, Have Strength***
Regards, *Simone McDonald*
Principal



From the Assistant Principals Office

I can't believe we are almost in December! This is my newsletter article before I begin maternity leave. I will be taking leave for all of 2021 and will return in 2022. I am definitely going to miss everyone but I am also excited for the new chapter of my life to begin.



SSG Meetings

SSG Meetings have been scheduled for next Monday and Tuesday. If you are involved in these meetings, you will have received a note home with all of the details. If you need to reschedule, please contact me.

Internal Transition

Our internal 'step up' program begins this week, with our first internal transition session happening today. Transitions (whether they are from kinder to Prep, year level to year level or primary to secondary) can be a stressful and anxious time for many students. Research supports the notion that skills targeted in transition programs enhance student resilience, support relationship skills/development and build social skills that improve connection to peers and teachers.

Research also suggests that transition programs make a positive difference to students and increase visible teacher support, therefore promoting meaningful relationships between students and between staff and students. It promotes student self-efficacy provides information, opportunities for discussion, awareness of expectations. It also gives students a foundation of understanding prior to the school holidays beginning.

Mindfulness

This time of year can be stressful for everyone. Mindfulness can add to the quality of our lives in numerous ways, from nurturing a sense of inner peace to improving the quality of a workout, from enhancing self-confidence to facilitating deeper and more meaningful relationships with others. Here are some mindfulness activities you may like to practice with your child:

Body Scan

The body scan is one of the basic practices in mindfulness, and it is an easy one to teach to children.

- ◆ Have your kids lie down on their back on a comfortable surface and close their eyes.
- ◆ Then, tell them to squeeze every single muscle in their body as tight as they can.
- ◆ Tell them to squish their toes and feet, squeeze their hands into fists, and make their legs and arms as hard as stone.
- ◆ After a few seconds, have them release all their muscles and relax for a few minutes.
- ◆ Encourage them to think about how their body is feeling throughout the activity.

This simple exercise gets kids to be more aware of their bodies and helps them find a way to be present in the moment.

Gratitude Practice

- ◆ Use a notebook or a folder and paper to make a Gratitude Journal.
- ◆ Practise gratitude journaling at a regular time each day, perhaps first thing in the morning, or just before bed.
- ◆ Take five minutes to think of something that you feel grateful for today. Here are some topics or ideas you can use:
 - Something that someone else did for you that day.
 - A person in your life that you appreciate.

- An activity or hobby you are grateful to be able to do.
- A positive quality of someone that can sometimes be hard to get along with.
- A skill or ability you have.
- A part of your body you are grateful for and why.
- An item that you love
- Something that made you laugh
- What you have learnt from something that was hard.

Thanks, see you all in 2022,

Rebecca Klimeck
Assistant Principal



HAVE A BLAST!

GET INTO WOOLWORTHS CRICKET BLAST. IT'S A FUN AND ACTIVE PROGRAM FOR KIDS OF ALL ABILITIES – WHETHER IT'S YOUR FIRST TIME WITH A BAT OR YOU'RE A BACKYARD CRICKET STAR!

Hastings Cricket Club
 Friday 27th November - 29th January 4:30pm-5:30pm
 Junior Blasters \$75pp
 Contact Vincent Booth on 0419 344 621
 Or register at: <https://www.playcricket.com.au>

Student Of the Week

Class	Week Ending	Friday 13th November
PT	Hailey Rogers	You continue to be a great leader in our classroom. You are always willing to help your peers and teachers, as well as trying your best with everything you do. Keep it up!
	Saxon Wyatt	Saxon the superstar! I have been extremely impressed with your work ethic this week. You have put your head down and given every task your best effort. Keep it up!
P1M	Hailie Poole	Thanks you Hailie for your hard work and enthusiasm in our Reading lessons this week. You spoke very well when describing the books you read. Well Done!!
	Tai Bahnert	You have been a great support Tai in helping our class members keep our room neat and tidy. Thank you for being a role model for organization and respect.
1/2B	Kooper Harnden	For being always offering a helpful hand to his teachers and classmates.
	Ruby Thredgold	Your supportive nature is greatly appreciated. Keep up the great work. For creating an imaginative and engaging narrative. Ruby worked hard to ensure that her narrative included an introduction, complication and solution.
1/2D	Alvin Dang	For always persisting and showing a determined, positive attitude
3K	Hailey Prescott	Hailey, the way you approach all your learning tasks is so lovely to see. You always give everything your best effort and with a smile. Thank you!
3/4H	Matthew Bryant	Matthew I have been impressed with the fact that you always listen to instructions and are usually the first one ready when it's time for tuning-in. I also appreciated that you taught me about "exoplanets", I had no idea they existed until this week!
4H	Daniel Jaglan	Well done Daniel for the bravery, strength and integrity you have demonstrated this week. Your strong moral compass has shone through and you are to be congratulated on your continual efforts to do what is right. Thank you.
5/6B	Eve Tzatzimakis	Eve, what a splendid start to Hastings Primary you have had. It is amazing to see the pride you take in your learning and how well you treat others. Keep up the great start Eve!
5/6C	Quin Pirini	Quin you are a quiet achiever but we can't help noticing how you are a lovely friend, a creative artist and a skillful competitor! Keep up the awesome work!

Student Of the Week

Class	Week Ending	Friday 20th November
PT	James Justice	What an outstanding week you have had James! Not only did you demonstrated great persistence to learn new things at swimming, you also provided the class with brilliant vocabulary when writing our recount. Keep it up!
	Albury Wells	The amazing Albury! It was terrific to see you be brave at swimming this week, even when you were feeling nervous. The smile on your face when you realised you could do it was wonderful! Keep it up.
P1M	Mia Jose	To be honest, this is for being the Student of the Weeks during our Remote and Flexible learning period last term – Your confidence in appearing each morning in our classroom meetings dressed in a different costume was something that brightened all our days. From Frida, to Ziggy, to a glowing jellyfish, you definitely made us smile. Thanks to you and your family Mia.
	Jaxon Eldridge	It was great to see you gain confidence during our swimming lessons. Not only did your swimming improve, but so too did your organization skills when it came to getting yourself dried and dressed.
1/2B	Maddison Catlow	For having a positive attitude towards swimming and taking new challenges in her stride. Go Maddy!
	Owen Fenton	For being a fantastic friend to everyone in 1/2B. Your caring and kind nature is very much appreciated. We are lucky to have you in our class.
1/2D	Lilyahna Young	Lilyahna your calm, mature and considerate attitude make you an asset to any class. Thank you for being a great role model.
3K	Lacey Spiegel	Lacey, you always set a high standard for yourself and work diligently. Thank you for sharing your narrative writing with us this week. We look forward to reading your conclusion.
3/4H	Alayna Coleman	Alayna you are rapidly becoming one of the rising stars of Literacy in our class. Your ability to make connections with what we have learnt previously has really been on display this week and I have appreciated your contributions. Keep on keeping on!
4H	Thomas Matherson	Well done Thomas on your commitment to writing since returning to school. It has been a pleasure watching you enjoy using your Writer's Notebook recently. You also used a simile in your recent narrative! You should be very proud Thomas.
5/6C	Jack Blackstock	Jack it's great to see you sharing your ideas and working more independently! We also appreciate your sense of humor. Keep up the great work!

Congratulations

Important Dates 2020

Wednesday 2nd December	Option 2: 2021 Face to Face Foundation Transition Session 2
Wednesday 2nd December	Foundation 2021 Weekly Reading Session 2pm
Tuesday 8th December	State Wide Transition Day
Wednesday 9th December	Option 3: 2021 Face to Face Foundation Transition Session 2
Wednesday 9th December	Book Collection Day & Final Payment of school fees
Thursday 10th December	Year 6 Graduation Day
Monday 14th– Wednesday 16th December	Year 3-6 Somers Camp Activity Days
Friday 18th December	Last Day of Term 4—1:30 pm dismissal



Summer Athletics

for 5 to 15 year olds.

Make friends. Build skills. Get fit and stay fit.

Safe and fun outdoor activity.

Saturdays mornings behind Western Port Secondary College.

Start 8:45am, finish before 11am.

Register now for two free trials at:

www.westernportlac.com.au

Sibling discounts. Bring your friends.



Happy Birthday

