



Newsletter

Term 2 Edition 1

Tuesday 2nd March

ANZAC Day 25th April

Thank you to everyone who joined and represented Hastings Primary School at the ANZAC Day march last week.

The student leaders, along with many other students and staff represented Hastings Primary School at the ANZAC Day service in Hastings. Student leaders, Max Hansen and Primrose Canham laid a wreath on our behalf. Well done to Jaz Baxter who raised the flag at the conclusion of the ceremony.

ANZAC Day is an important national occasion and a time to remember the anniversary of the first major military action fought by Australian and New Zealand forces during WWI.

ANZAC Day marks the anniversary of the Gallipoli Campaign of WWI. ANZAC is an acronym for Australia and New Zealand Army Corps.

At dawn on the 25th of April 1915, soldiers rowed ashore in boats called 'lighters' during the Gallipoli landings, under fire and without outboards motors

Traditionally, Rosemary is worn on ANZAC Day. Rosemary is found growing wild on the Gallipoli Peninsula.





Hastings Primary School has a long history with the Australian Defence Forces.

A 1914—1919 Honour Roll hangs in our office foyer for former students who served and returned from WW1. The board also honours former students who died serving our country.

Current Year 6 student Jesse proudly wore some of the medals from his family members who have served in Australian military services.

Thank you to all the members of our school community who participated in the service.



Apply now to enrol your child in Foundation (Prep) for 2024

The Department of Education has released a new statewide timeline for enrolling in Foundation (Prep) for the 2024 school year.

If you have a child starting primary school in 2024, it's time to enrol. Make sure to submit your enrolment application by **Friday 28 July 2023**.

If you are enrolling the sibling of a student at our school for Foundation in 2024, and both children will be attending our school at the same time, your child is prioritised for a place at our school as per the department's Placement Policy.

It is important to follow the statewide timeline to enrol your child in Foundation. Enrolling your child in line with the timelines allows us to plan our classrooms, staffing and transition activities and ensures your child has the best start to school.

For more information, please read about when and how to enrol your child in Foundation at vic.gov.au/enrolling-foundation-prep.

If you are seeking to enrol your child into Foundation next year, please contact our school office on (0359) 791 517 or hastings.ps@education.vic.gov.au to request the required form.

2024 Hastings Primary School Tours

We have a tour taking place this term.

◆ **Wednesday 24th May**

Tours start from the school office at 9:30 am. Please contact the office to confirm attendance. Other tour times can be made upon request.

Enrolment packs are available at the office.

Placement of students beginning Year 7 in 2024

Year 6 students have been sent home with their 2024 Year 7 placement forms.

What you need to do:

1. Locate your designated neighborhood school for 2024 and other secondary schools using the findmyschool.vic.gov.au
2. Complete the Application for Year 7 Placement 2024 form and return to Hastings Primary School by **Friday 12th May 2023**.

Secondary schools decide Year 7 placements. Your primary school will let you know your child's Year 7 placement offer for 2024 on **Wednesday 19th July 2023**.



Semper Dental

We will be having our annual Semper Dental Visit **Thursday 11th May-Friday 12th May**. Thank you to everyone who has already submitted their forms. If anyone requires another form please contact the office.

All forms are due back by **Friday 5th May**.



Assembly Term 2

We will be running assembly fortnightly during Term 2. Our first assembly will take place on **Friday 12th May**.

Meet our new School Council President

Hannah Mendelson who has been on our school council now for two years, takes up the mantle of School Council president this year.

Hello! My name is Hannah aka Leon's Mum. I am delighted to be the new School Council President.

The role of the School Council is to be in dialogue with the teaching staff and represent the interests of students and their parents/carers. That way, everyone is on the same page about how the school is running right now, and about the future direction of the school.

I was on the school council at Leon's previous school and joined the Hastings PS School Council when Leon moved here in Year 3.

In my previous life I was a professional, but these days I am home full time as a carer and wrangling the NDIS.

Leon LURVES facts so I shall finish up with his latest: ants are the most successful animal on Earth. Bonus fact: there are 2.5 million ants for every person on the planet!



Hasting Primary School Photos will take place on **Wednesday 24th May**. We have received our order code for people who want to go ahead and order.

To order:

- ◆ go to www.theschoolphotographer.com.au
- ◆ On the Home page select the "I'm a **Parent**" section
- ◆ Click on "**Order 2023 Photos**"
- ◆ The next page is a Secure Online Ordering Portal where you will need to enter the ordering code **X3106PER52H** and press next.
- ◆ On the next page fill in your child's details and choose which pack you would like to order & then press the "next" button. Continue to follow the prompts to finalise your order.
After you pay online, you will receive an online receipt number you can keep for your own records.

Tu Toa, Kia Kaha – Stand Strong, Have Strength Regards, *Simone McDonald*
Principal



Breakfast Club

Hello Hastings Primary. Just letting you know that Breakfast Club is up and running again in Term 2.

Breakfast Club is held Monday to Thursday mornings in the Kitchen starting about 8.30am.

We enjoy seeing all the lovely faces that come along, as the yummy aroma of toast fills the kitchen. Fruit, spaghetti and baked beans are also served. Cereal is available and the students have been enjoying cups of fresh milk. YUM!

Don't forget that Pancakes are on the menu every second Wednesday. Plus, we've had some new equipment donated to our club and as the weather gets cooler, we will be serving some new warming breakfast treats soon. Watch this space.



Finally, I must mention that this club is only made possible by the generous donations from outside community organisations and the wonderful help of our E.S. staff and Dave our counsellor. YAY!

Donations: Food Bank, Bakers Delight & Hastings Community Centre.

Thank
You



Isea Icare Student Report— Moonraker

On Wednesday 26th April we went to Sorrento to board the 'Moonraker'. There were two levels of the boat. The first level had a café, an area to get dressed, and the hull we could walk out on. The second level had the captain's area and a viewing deck.

We all tried something new and gave the snorkeling a go. It was really hard to get the wetsuit on and off, and strange to wear the snorkel. Once we got in the water, it was really cold but we had to fight it and stop it shocking us.

Unfortunately, we didn't see any dolphins. However, we all saw fur seals, weedy sea dragons, fish and two types of sting rays. We had a great time learning about our bay.

By Mitchell, Malakia, Willow and Phoenix.



From the Assistant Principal

Wominjeka Seat installation

Next **Tuesday, the 9th May at 2:30pm** we will be holding a special opening ceremony for our new 'Wominjeka' chair that was purchased from some of the fundraising profits last year. This chair was chosen by the 2022 SRC members. There will be a welcome to country, smoking ceremony and a didgeridoo performance. The seat will be installed near the Hodgins Rd gate next to the blue basketball courts. We would love to see as many parents/carers there as possible.



Fathering Project – Bunnings BBQ and Term 2 event

On **Sunday the 28th May**, the Fathering Project Team and some HPS staff will be running the BBQ at Hastings Bunnings. We are looking for volunteers to help for an hour or two on the day! If you are able to serve customers or are handy on a pair of tongs and can help out by cooking sausages, please contact Dave Evans or myself so we can add you to the roster. *Due to Bunnings Health and Safety policies, this is an adult only 'event' as no children are permitted to assist with the BBQ.* More information will also be communicated via the Fathering Project Portal, so make sure you're signed up there! A link for the portal will be on our school Facebook page this week.

Save the date for our next Fathering Project event - 'Hotdogs, Hair and Handball' on Thursday 15th June

Are you (or do you know) a hairdresser or someone who knows how to braid and would like to come along to the next Fathering Project Event' to teach our dads/father figures how to braid/plait? If so, please contact me via email or phone! (My details are below).

F.O.H.P.S

As you all know **Mother's Day** is fast approaching. If your child/ren would like to purchase a gift for a special lady in their life, our F.O.H.P.S team will be running a **cash only Mother's Day/Special Person Stall** on **Friday 12th May**. If you are able to help the team on the day, please contact me by this Friday 5th May. Gifts will start from \$1.50. More information will be on Sentral and Facebook before the stall.

F.O.H.P.S have met this morning to plan the meal deals for Term 2. Thank you so much for supporting the meal deals, we know the students love them too! Please remember these are cash only and no late orders are accepted due to organizational purposes.

Paediatric Clinic

Did you know at Hastings Primary School we provide access to a paediatrician? Prior to COVID this was held here, onsite at HPS, however in recent times the clinic has been held at the WesternPort Community Centre. However, we are pleased to announce that the clinic is back onsite this term every Thursday morning. If you feel your child may need to access this service, please contact me for more information.

Attendance – school refusal

School refusing children experience significant emotional distress not only when going to school but also at the thought of going to school; they may be absent from school for weeks or even months at a time. School refusal differs from truancy as children generally stay home with the knowledge of the parents

and despite their best efforts to encourage their child to go to school. School refusal can be very distressing for parents who can find it very difficult to manage and address; it can cause conflict in the home and disrupt routines.

Identifying the cause of school refusal can be difficult; there may be a number of complex causes. Early intervention is essential as prolonged absences from school can greatly affect a child's social and emotional development, academic achievement and vocational opportunities.

Further assistance

Sometimes you may need assistance from professionals who can help anxious children. Discuss your concerns with your child's classroom teacher, Dave or myself. We can help address any school-based issues, refer your child to school counselling services and make recommendations about professional support.

Alternatively, you could seek support from your GP who can assist with a referral to mental health professional such as a psychologist, psychiatrist or therapist. They can help your child overcome their anxiety using mindfulness, improving self-confidence and self-esteem and helping children change the way they think about difficult situations.

Top attendance tips for parents

- ◆ Schools want to work in partnership with parents – act early if you have any concerns by contacting your child's school and asking for advice and support
- ◆ Remember that every day counts
- ◆ There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes and their social connectedness
- ◆ Talk positively about school and the importance of attending every day
- ◆ Open and prompt communication with your child's school about all absences is a good idea
- ◆ Avoid making routine medical and dental appointments during the school day or planning family holidays during the term
- ◆ Seek help from your school if you are concerned about your child's attendance and wellbeing. Schools want to work in partnership with parents to support student attendance and wellbeing

Cybersafety – parental controls.

Information from <https://www.esafety.gov.au/parents/issues-and-advice/parental-controls>

How to use parental controls and other tools to maximise online safety in your home.

Know your devices

All the devices that connect to the internet in your home offer lots of benefits. But you also need to understand the risks associated with these devices and how to protect yourself and your family.

Explore how to use parental controls:

- ◆ on your [home wi-fi network](#)
- ◆ built into devices, including [computers](#), [mobile devices](#), [gaming consoles and smart TVs](#)

- ◆ through [third-party software](#)
- ◆ in apps and programs, including [streaming services](#), [web browsers and search engines](#)

Use parental controls

- ◆ Parental controls are software tools that allow you to monitor and limit what your child sees and does online.

They can be set up to do things like:

- **Block** your child from accessing specific websites, apps or functions (like using a device's camera, or the ability to buy things).
- **Filter** different kinds of content — such as 'adult' or sexual content, content that may promote self-harm, eating disorders, violence, drugs, gambling, racism and terrorism.
- Allow you to **monitor** your child's use of connected devices, with reports on the sites they visit and the apps they use, how often and for how long.
- Set **time limits**, blocking access after a set time.

If a device or program is shared by multiple members of your family, you should be able change the tool settings to reflect each user's age and skills.

For more information please go to: <https://www.esafety.gov.au/>

Mindfulness and Meditation – Body Scan

The body scan is one of the basic practices in mindfulness, and it is an easy one to teach to children.

- ◆ Have your child lie down on their back on a comfortable surface and close their eyes.
- ◆ Then, tell them to squeeze every single muscle in their body as tight as they can. Tell them to squish their toes and feet, squeeze their hands into fists, and make their legs and arms as hard as stone.
- ◆ After a few seconds, have them release all their muscles and relax for a few minutes.
- ◆ Encourage them to think about how their body is feeling throughout the activity.

This simple exercise gets kids to be more aware of their bodies and helps them find a way to be present in the moment.

Remember if you need to contact me, my details are: rebecca.legge@education.vic.gov.au or alternatively, you can call me at school: 5979 1517.

Rebecca Legge

Assistant Principal

Important Dates Term 2 2023

Tuesday 9th May	Opening Ceremony for our Wominjeka Chair 2:30pm everyone welcome
Thursday 11th May– Friday 12th May	Sempar Dental Visit
Thursday 11th May	F-2 House Cross Country 9-11am
Friday 12th May	Assembly 2:30pm
Friday 12th May	Year 7 Placement Letters Due
Friday 12th May	Mothers Day/Special Person Stall CASH ONLY
Monday 15th May– Friday 19th May	Education Week
Thursday 18th May	District Cross Country Hastings Foreshore
Wednesday 24th May	School Photos
Wednesday 24th May	Foundation Tours
Sunday 28th May	Fathering Project BBQ Bunnings Hastings
Monday 12th June	Kings Birthday Public Holiday
Friday 23rd June	Last Day of Term 2

Important Dates Term 3 2023

Monday 10th July	First Day of Term 3
Friday 28th July	Enrolment Application Forms Due for 2024 students

Happy Birthday April Students

Finn Haver, Sierra Sweetnam, Evangelyn George, Tai Bahnert, Harley Priddle. Liam Crawley, Beau Seal, Aaliyah Manger, Isabella Oaks, Indy Rose Matherson, Jaxon Eldridge, Leroy Peace, Lachlan Matherson, Lucas Mogford-Jellett, Jackson Denham, Joshua Weeks

Happy Birthday May Students

Abigail Mogford Jellett, Spencer Gray, Malakai Jellett, Chloe Damman, Drew Tzatzimakis, Monica Goodacre, Zoey Baker, Elise Churcher, Kaydence Healey, Cruz Bahnert, Charlie Dang, Michell Kingdon, Cole Jacob, Xavier Raffaut, Leon Haywood, Sofia Rorich, Seth Sitarz, Chase Peart, Beah Knight

 **AWESOME OSHC
INCURSIONS**

SPECIAL EVENTS!

at TeamKids

**Team
Kids**



HASTINGS PRIMARY

WED 10th MAY SOCCER SKILLS

**BOOK
TODAY**



**Wed 10th May
SOCCER SKILLS**



Back by popular demand, BT Football School will be joining us again to further develop our soccer skills!

With a focus on developing the 'whole person', BT Football School aims to give boys and girls the tools to succeed both on and off the pitch.

Using fun and engaging exercises designed especially for junior players, our soccer coach will teach us tips and tricks to improve our game and have a great time while we're doing it!

To attend either of these **special after school sessions**, bookings are essential at www.teamkids.com.au

teamkids.com.au

1300 035 000



Reading Village!



**Come and join us in
the classroom for
our morning reading
village.**

Prep, Year 1 & 2
8:50 - 9:00am
Monday & Tuesday mornings

SEE YOU THERE!





JUNIOR HOUSE CROSS COUNTRY

PREPS,
1'S &
2'S

THURS 11TH
MAY
**ON THE OVAL
9AM-11AM**

**PARENTS &
CARERS
WELCOME**

**PLEASE WEAR YOUR HOUSE COLOURS, RUNNERS AND
BRING A DRINK BOTTLE**