



TERM 3 EDITION 4

NEWSLETTER

Wednesday 29th August 2024



IMPORTANT DATES

August
Tue 27th
Fri 30th

Father's Day Stall
Year 5/6 Students
Prep - Year 4

Mon
2nd Sept

Hats On!



2- 6th Sept

Book Week at HPS!
Wear your Book Character
Costume on Fri 6th.
Parent open afternoon on Wed 4th
Sep

Wed
4th Sept

**2025 Prep Transition
Session 2 2:15pm - 3:00pm**



Mon
9th Sept

**Seeing Eye Dog
Fundraiser**

RUOK?™ de hat!

Wed
11th Sept

Day

Wear a touch
of Yellow

Thurs
12th Sept
CAMPS

Rugby Gala Day
Selected Students
Yr 5-6 URBAN CAMP 28-30 Aug
Yr 3-4 SOMERS CAMP 17-18 Oct

Principal's Message



Well done to all of our students for being fully involved in all of the exciting learning opportunities at Hastings PS.

There have been so many wonderful activities occurring over the past few weeks and there are many more to come.

DON'T Forget your Book Character costume for next week!

I'm looking forward to seeing everyone come to school next week dressed as their favourite book character and to read all of the amazing poems our 'authors' have been writing.

The Parent / Caregiver / Guardian Opinion Survey will remain open until Friday 20th September.

Our school will use the survey results to help inform and direct future school planning and improvement strategies.

All families were invited via email to participate in the survey.

Tu Toa, Kia Kaha – Stand Strong, Have Strength
Regards, Simone McDonald Principal





Enrol your child in Foundation for 2025



Enrolment in Foundation (Prep) 2025 at Hastings Primary School has been available since 15 April 2024.

If you have a child starting primary school in 2025, it's time to enrol!

If you are enrolling the sibling of a student at our school for Foundation in 2025, and both children will be attending our school at the same time, your child is prioritised for a place at our school as per the department's Placement Policy.

It is important to follow the statewide timeline to enrol your child in Foundation. Enrolling your child in line with the timelines allows us to plan our classrooms, staffing and transition activities and ensures your child has the best start to school.

For more information, please read about when and how to enrol your child in Foundation at [vic.gov.au/enrolling-foundation-prep](https://www.vic.gov.au/enrolling-foundation-prep)

Tours are welcome by appointment.

FOUNDATION TRANSITION SESSIONS FOR 2025 FOUNDATION STUDENTS

Wednesday 7th August 2024 2:15—3:00

Wednesday 4th September 2024 2:15 - 3:00

Thursday 17th October 2024 2:15 - 3:00

Thursday 14th November 2024 2:15 - 3:00

STATEWIDE ORIENTATION DAY

Tuesday 10th December 2024



100 DAYS of SCHOOL flew by



We are 100 Days brighter in Preps!
Our youngest students appeared to be the oldest, as they celebrated completing their first 100 days of school.

Special activities included:

- drawing portraits of themselves as 100 year olds.
- Writing about "if I had 100 ..."
- Making a 100's Monster,
- I can do 100 exercises, and
- 100 Dance Party!

Thanks to Mrs Jesse
Miss Thorne



From the Assistant Principal's Desk



Father's Day

This Sunday is Father's Day. Thank you to our F.O.H.P.S team for setting up the stall for our students to buy a present for the special person in their life. I know the students had a great time shopping.

Happy Father's Day to all of the dads, step dads, uncles, grandfathers, brothers or other special people in our student's lives.

HPS Literacy Week

Literacy Week at HPS launches on Monday 2nd September.

Our students will visit the Book Fair to make a wish list on Monday. At the end of the day they will be listening to a picture story book read by a teacher of their choice.

Tuesday we will have buddy class reading session.

On Wednesday Author Cassy Polimeni will be here! We will also have an open afternoon for our families.

On Thursday our whole school will contribute to writing a poem and then of course on Friday it is our Book Character Parade at 9am and then author and illustrator awards are presented at our assembly at 2:30pm.

Cyberbullying

What is cyberbullying?

Cyberbullying is when someone is mean to a young person under 18 online so they feel bad or upset. It can happen on a social media site, game, app, or any other online or electronic service or platform. It can include: posts, comments, texts, messages, chats, livestreams, memes, images, videos and emails.

These are some examples of ways the internet can be used to make someone feel bad or upset:

- Sending hurtful messages about them or to them.
- Sharing embarrassing photos or videos of them.
- Spreading nasty online gossip about them.
- Leaving them out online.
- Creating fake accounts in their name.
- Tricking them into believing you are someone else.

For most children and young people, online life is a key part of their identity and how they communicate, so cyberbullying can be very harmful. It can cause a range of emotions including fear, anxiety, anger and despair.

They may suffer trauma and ongoing depression. Cyberbullying content can be reported to the online or electronic service or platform that was used to send, post or share it. This is usually the fastest way to get it removed.

English

Our junior school is collaborating with literacy consultant Julie Scali, thanks to funding from the MPF. This partnership aims to consolidate our evidence-based practices, ensuring that our students receive the best possible literacy education. With Julie's expertise, we are enhancing our curriculum by incorporating the Sounds-Write program alongside rich, authentic texts. These tools will help us better support our students' reading and writing skills, setting a strong foundation for their future learning. We look forward to seeing the positive impact of this initiative in our classrooms!

Rebecca Legge

rebecca.legge@education.vic.gov.au

the *Carly Ryan* foundation. APP FACTS

ROBLOX

Age Rating in
the App Store:

ROBLOX 12+

Age rating guided by App Store.
Refer to app Terms of Service for further information.

ROBLOX is an online platform and game creation system that allows users to design and play games created by other users. It offers a wide range of games across various genres, from adventure and role-playing to simulations and obstacle courses. Users can customise their avatars, build virtual worlds, and script gameplay mechanics. It fosters creativity, social interaction, and problem-solving skills, providing a platform for users to express themselves and engage in collaborative gaming experiences in a virtual environment. Primary users of ROBLOX are children and teenagers, although it attracts users of all ages.

ROBLOX presents several challenges to its users, particularly children and teens.

Inappropriate Content: Users may encounter inappropriate content, including violence, adult themes, and inappropriate language, within games or user-generated content.

Online Predators: The platform may attract online predators who attempt to groom or exploit children and teens through messaging or interactions.

Excessive Screen Time: leading to decreased physical activity, social isolation, and negative impacts on mental health.

Parental Controls: Parents should enable and regularly review parental controls and privacy settings on ROBLOX accounts to restrict access to inappropriate content and control communication features.

Here is how we suggest these challenges can be Approached

Open Communication: Encourage open communication with children and teens about their online activities on ROBLOX. Educate them about online safety, including the risks of interacting with strangers and sharing personal information.

Supervision: Monitor usage of ROBLOX, especially for younger users. Set time limits and encourage balanced screen time with other activities.

Reporting and Blocking: Teach children and teens how to report inappropriate content, block users engaging in inappropriate behaviour, and seek help if they feel uncomfortable or threatened.

Education and Awareness: Educate children and teens about the potential risks and challenges of using ROBLOX, including the importance of respecting others and recognising warning signs of predatory behaviour - for example a user asking personal questions or suggesting they connect on other apps such as WhatsApp or Discord.

How to Report in-game abuse

- Click on the Menu button, located at the upper left of the screen. This icon looks like three lines stacked on top of each other.
- Click Report tab at the top of the menu.
- Click on the Which Player pull-down menu, and select which player to report.
- Click on the Type of Abuse pull down menu, to select the inappropriate action. Additional details can be written in the Short Description box.
- Click Submit to finalise.

How to block a user


To block a ROBLOX member go to their profile page. Under their character thumbnail, you'll see a 'More' button. Hit the button, and click 'Block user'. This adds the user to your block list, which you can manage at any time within the 'Privacy' tab of the Account Settings Page.

Like any online game, ROBLOX can be a positive social activity that keeps kids connected to their friends and can be a potential bonding experience if you choose to play with your child. Just be mindful of screen time and monitor that chat. We always encourage open conversations around privacy and personal safety.

More App Fact Sheets available from the Carly Ryan Foundation. info@carlyryanfoundation.com

For additional support or to report inappropriate contact go to accce.gov.au or esafety.gov.au

carlyryanfoundation.com

 TheCarlyRyanFoundation  @thecarlyryanfoundation  @TeamCarlyCRF

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ASSISTANT PRINCIPAL REPORT

Michelle Aldridge

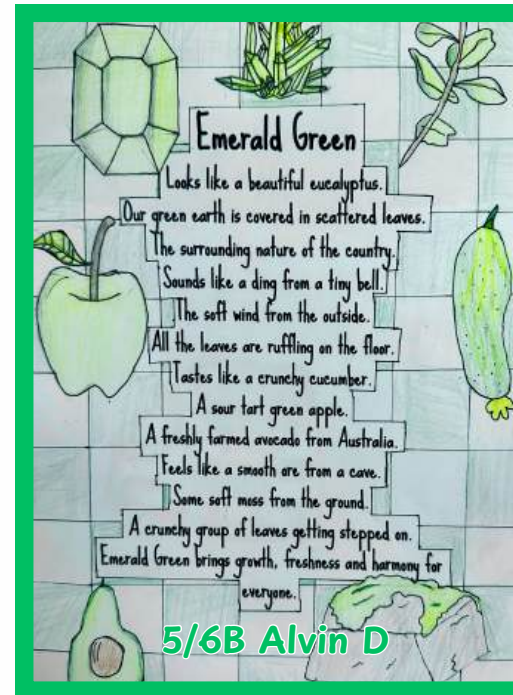
SRC Fundraiser



Wear a home made hat
Monday 9th September
Bring a gold coin donation

In Our Classrooms

Students across the school have been busily preparing poems ready for literacy week. Here's a sneak peak of what will be on display.



Lolly Jar Guess
\$1 each or
3 guesses for \$2



Wednesday 11th
September is **RUOK?**
Day

Students can wear a touch of yellow and will work through lessons and activities to explore how to ask RUOK?

Another important not-for-profit organisation that HPS proudly supports, if you would like to donate we will be accepting contributions at the office.



Don't forget to join us for Assembly
6th September
2:30pm in the Hall!

Miss
Michelle
Aldridge

Our Goal

\$50

can help fund the cost of equipment for puppy carers like toys and dog beds.

\$75

can help towards the cost of essential veterinary supplies like vaccines.

\$100

can help cover a training session for a client and their new Seeing Eye Dog.



R U OK? is all about helping our friends, classmates and family by having conversations



We all go through ups and downs in life. Your friends might be struggling with exam stress, a family breakdown, self-esteem, uncertainty about the future, mental health or any number of other things.

You might not be able to fix things, but one thing you can do is ask, 'are you OK?' and have regular, open conversations about what they're going through and how they're feeling.

If you think something's not quite right, that's the time to start a conversation – you don't have to wait for them to bring it up.

If you need some tips about what to say and do during these chats, flip this over and use the 4 steps of an R U OK? conversation as your guide.



For more tips and resources, scan the QR code or head to ruok.org.au/friendbetter

 **Lifeline**

Confidential 24/7
crisis support
Call 13 11 14
Text 0477 13 11 14

If you are ever concerned for your safety or the safety of others, seek immediate assistance by calling Triple Zero (000).



#FriendBetter
with **R U OK?**

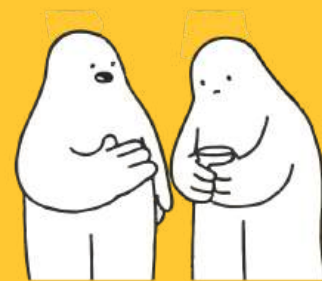
Tips to help you support your mates

 **kids helpline**
anytime.any reason.

Confidential 24/7
counselling for 5-25 year olds
Call 1800 55 1800 Chat
kidshelpline.com.au



Find more support services at
ruok.org.au/findhelp



How to have an R U OK? conversation with a friend

1 Ask R U OK?

- Choose a time and place where they'll be comfortable opening up.
- Ask in a way that works for you. You don't have to use the exact words, 'are you OK?'.
○ You could even gently point out what you've noticed or mention something that's going on for them.

2 Listen

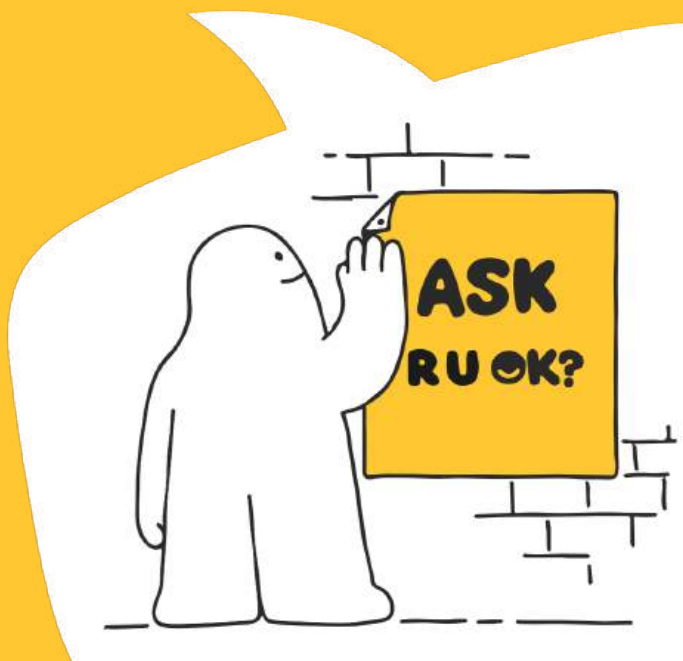
- Take what they say seriously and don't interrupt or rush them.
- Don't judge their experiences or reactions but acknowledge their feelings.
- Encourage them to explain by asking open ended questions like: "How are you feeling about that?" or "How long have you felt that way?".

3 Encourage action

- Ask them what have they've done in the past to manage similar situations.
- Encourage them to think of something that could help them lighten the load.
- If they've been feeling really down for an extended period of time or they seem to be really struggling, encourage them to seek professional support.
- Offer to help them research appropriate services.

4 Check in

- Set yourself a reminder to check in with them again soon.
- You could say: "I've been thinking of you and wanted to know how you've been going since we last chatted."
- You might need to repeat the above steps.
- Your ongoing, genuine care will help them feel supported.



TERM 3, 2024

CONGRATULATIONS

HASTINGS HEROES



**Saibah
Awrangajeb**



**Pheobe
Kestle**



**Eddie
Penrose**



**Angela
Orangan**



Aneeta Grant



**Phoenix
Brockway**



Stella Doll



**Chayse
Smith-Rowles**



**Keanu
Khosravi**

TERM THREE RUNNING CLUB LADDER

1st

Jaxon E - 60 laps

2nd

Tyson L - 50 laps

3rd

Jason P - 38 laps

4th

Eddie P - 26 laps

5th

Shaun R

6th

Blake G

7th

Mia J

8th

Dom M

9th Charlie & Marnie



Everyone is welcome,
Come and join us!

HOUSE POINTS



2024 Leaders
Bunya House
ALEX & LILYAHNA

BUNYA 735



2024 Leaders
Murrumbidgee House
OWEN & IVY



2024 Leaders
Waraba House
LILLY & KEANU



2024 Leaders
Wallum House
WILLOW & ALVIN

MURUMBAL 445

WARABA 485

WALLUM 595

TOP 8 TEAMS

FINAL PLACINGS!!

1st	ITALY - 382
2nd	JAPAN - 293
3rd	UNITED STATES - 290
4th	UNITED KINGDOM - 265
5th	SWEDEN - 257
6th	CHINA - 253
7th	FRANCE - 207
8th	GERMANY - 174

HPS Mini Olympics



FATHER'S DAY/ SPECIAL MAN STALL



Year 5/6 students - Tuesday 27th August
Foundation - Year 4 students - Friday 30th August

Prices start
from \$1

\$10 MAXIMUM
SPEND PER
CHILD

Please BYO bag



Cash
only

You are the best



SCHOLASTIC

BOOK FAIR at HPS

Come and Immerse yourself in the magical
world of books at the Book Fair Festival.

8:30 -
8:50 AM

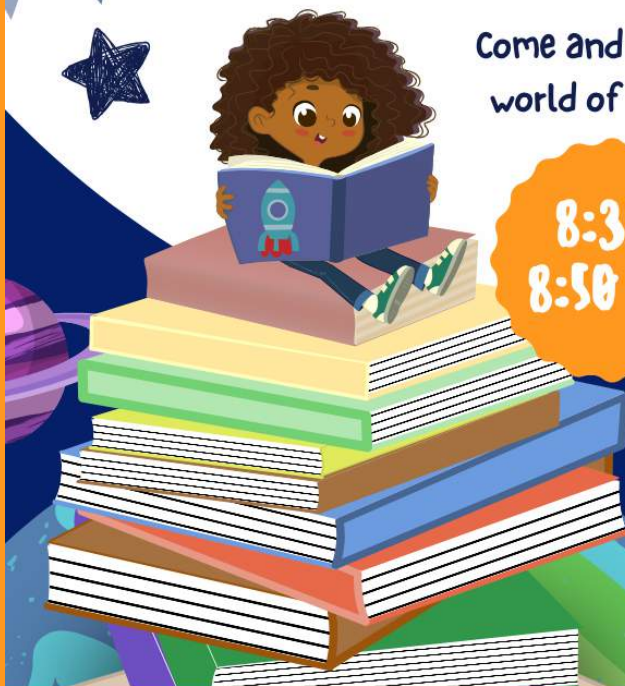


3:15 -
3:45 PM

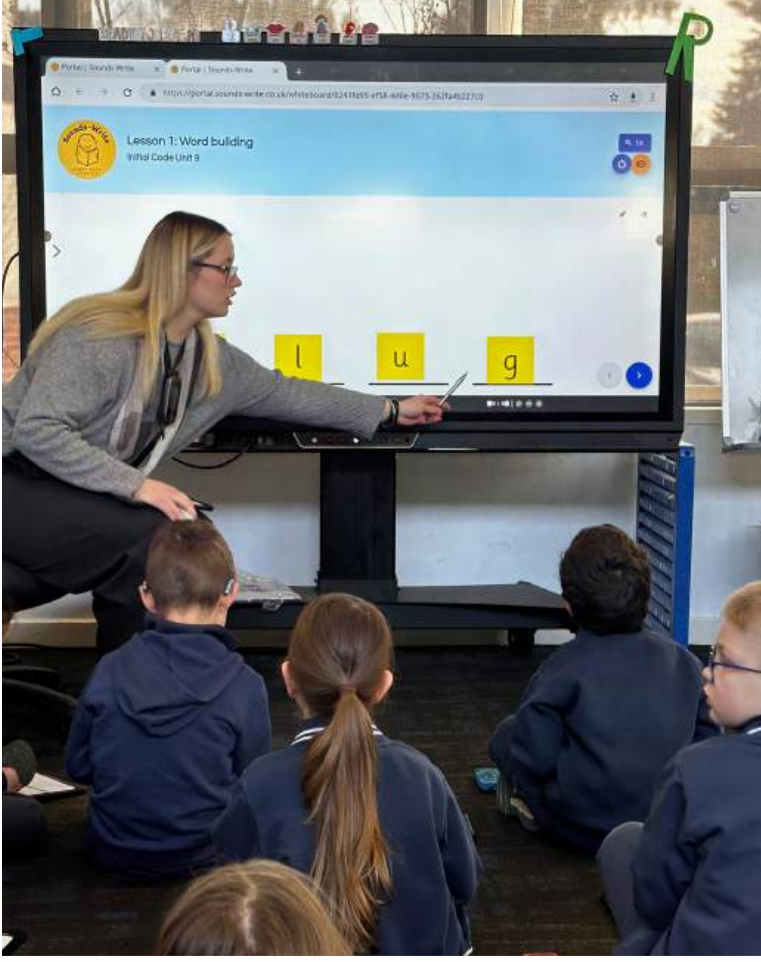
Mon

Fri

2ND - 6TH
SEPTEMBER



JUNIOR LIBRARY



OLYMPICS CLUB

NEW THIS TERM

WEEK 1-4

29TH JUL

Crazy Hair - DAY -

HAPPY EDUCATORS DAY

OSHC

31ST JUL

.. DONT MISS OUT! ..

EPIC TERM 3 Activities

Team Kids

.. TEAMKIDS.COM.AU ..

26TH AUG

DOG APPRECIATION DAY

SCIENCE WEEK

12-16TH AUG

Book Week

19-23RD AUG

Spring PARTY FUN

2ND SEPT

P.M.P. VOLUNTEERS

**CALLING ALL VOLUNTEERS!
WE NEED YOUR HELP!**

Thursday Mornings Preps 9-10am
Yr1 & Yr2 10-11am

Contact the office or your classroom teacher if you would like to find out more information or to get involved



At Hastings Primary School students from Foundation through to Yr 2 participate in a physically enriching program called P.M.P (Perceptual Motor Program). PMP is a program based on movement that helps younger students to enhance their hand-eye and foot-eye coordination. PMP is also a fantastic tool for supporting students growth in areas such as fitness, balance, locomotion and eye-tracking skills.

FREE HOME INTERNET FOR SCHOOL STUDENTS AND THEIR FAMILIES

This is an Australian Government program that offers free home internet to families and carers who look after school age children and are struggling to pay the bills.

To apply, follow the four steps below:

- 1 Contact the National Referral Centre on **1800 954 610** Monday - Friday, 10am - 6pm (AEDT) or visit anglicarevic.org.au/student-internet
- 2 They'll ask you some questions to see if this offer is right for you.
- 3 If you qualify, you'll get a voucher.
- 4 Use the voucher to connect through your chosen participating internet provider before 31 December 2024.



LEARN MORE

Scan QR Code to learn more.

THE BEST PART IS



Free home internet until 31 December 2025



The Wi-Fi router is free and you can keep it



There is no lock-in contract



Assistance provided by the National Referral Centre



Callback, webchat and interpreting are available



An Australian Government Initiative

